

## **Christmas Hampers**

Our Christmas Hamper program focuses primarily on families who may not be able to provide a special Christmas experience for their children without assistance. The families we support are currently involved with one of the many programs here at the BGCA. In 2022 we were able to provide 132 hampers supporting families as well as youth living independently. We would like to extend a huge thanks to all of the donors and sponsors who helped make the holidays brighter.

Now it's time to make the 2023 holidays brighter. There are many ways to support our hamper programs. You can donate in-kind items or cash or can sponsor a hamper! Please get in touch with Karen at <a href="mailto:karen@burnsidegorge.ca">karen@burnsidegorge.ca</a> or call 250-388-5251 if you want to learn more about the Christmas Hampers!

# Spread Holiday Cheer Through Volunteering!

Join us this Christmas season in making a difference. Whether you can spare a few hours or more, your time and goodwill can bring joy to those in need. Get involved and be part of the magic of giving this holiday.

Email <u>sevval@burnsidegorge.ca</u> to learn more about volunteer opportunities!





## BGCA COMMUNITY MEETING: MONDAY, OCTOBER 16 6:30PM

This will be an opportunity for discussion on the direction our neighbourhood transit plan

The Zoom link is:

https://uso6web.zoom.us/j/85687707076?pwd=amlvemlHMnBaeld5L3lFMVlUV1N2Zzo9 The guest speaker is BC Transit

#### Gorge Road Corridor transit service plan

BC transit will conduct public engagement to revisit future transit service along the Gorge Road corridor. They will present their ideas and looking for some feedback. If you have any feedback or input don't miss this community meeting!

# Have you been to neighbourhood coffee shop yet?

Cool Aid is thrilled to welcome local favourite <u>2% Jazz Coffee</u> to its building at 210 Gorge! Sam and his team are not only great humans, they make stellar coffee! Stop on by.

Please see the link below for the interview of Kathryn Marlow with the owner of 2% Jazz Coffee Sam Jones.

https://www.cbc.ca/listen/live-radio/1-48-on-the-island/elip/16003265-a-local-victoria-coffee-chain-location-community-centred-partnership and the contract of the contract





### Join the BGCA Team

#### CURRENT OPENINGS:

- Daycare Manager (ECE)
- Early Childhood Educator
- Family Services Worker
- Our of School Care Leader
- Supported Childcare Worker

Full job descriptions and application details can be found at:

http://www.burnsidegorge.ca/opportunities/employment

#### **About Us**

We are a group of (com)passionate, enthusiastic, hardworking people who also know how to have fun. Our teams are deeply committed to serving the children, youth, families and seniors in our community as best as they can and helping and caring for each other as well.



#### September 2023

Published by

The Burnside Gorge Community Association 471 Cecelia Road, Victoria, BC V8T 4T4 Phone: 250-388-5251 Website: www.burnsidegorge.ca

Note: Written contributions do not necessarily reflect the opin-

ions of the BGCA or its staff.

#### **BGCA Board of Directors**

Greg Arnold, Treasurer Elizabeth Cull, Chair Ryan Hart, Director Kirsten Mah, Director Michelle Peterson, Secretary Avery Stetski, Vice-Chair Mangat Vohra, Director

#### To Advertise

Establish yourself as a community supporter with an ad in your community newsletter.

The deadline to purchase ad space is the 15th of each month prior to the month of publication. Please contact us for current

#### **Contributions**

The BGCN welcomes submissions. Submissions are subject to editing as required for clarity and brevity. Please note that submission does not guarantee publication. Contact us fo submission guidelines and deadlines.

Editor: Şevval Keçicioğlu Email: sevval@burnsidegorge.ca Phone: 250-388-5251



Founded in 1991 in response to community need, the Burnside Gorge Community Association provides a continuum of programs and services that strengthen the lives of children, youth and families in Greater Victoria.

Programming includes: a range of childcare programs for ages 3.5 to 11; community and school based youth and family services; housing and asset development supports for youth and families; community recreation and special events for all ages; and a variety of community development initiatives.

As a non-profit organization, we rely on the support of individuals, businesses and partner organizations to continue providing a high level of service to our communities. If you're passionate about the work that we're doing there are a number of ways that you can get involved.

#### Join our team!

Want to join a fun and dynamic team? BGCA is a great place to work. To see current opportunities please see our website at:

http://www.burnsidegorge.ca/opportunities/employment

Do you have some time to spare and a passion for community? We're always looking for volunteers to help out. Current

http://www.burnsidegorge.ca/opportunities/volunteer

#### Become a member!

Are you interested in being a part of our mission? Become a member and take an active role in shaping our community. For more information contact the BGCA directly at:

info@burnsidegorge.ca

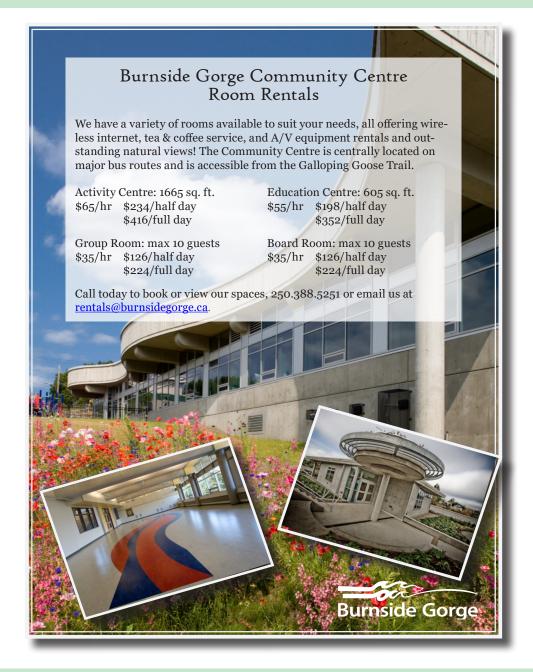
#### CENTENNIAL UNITED CHURCH 621 David St.



Now offering in-person and livestreaming services at 10:55 am. Prelude begins at 10:45 am.

For more info please call 250-384-6424 or visit www.cucvictoria.com

#### **FACILITY RENTALS**



#### **COMMUNITY SERVICES**

#### INCOME ASSISTANCE SUPPORT

Do you have questions about Income Assistance (IA) or Persons with Disability Assistance (PWD)? BGCA has an Employment & Assistance Worker from the Ministry of Social Development & Poverty Reduction who takes appointments at the Centre on Tuesday mornings and Thursday afternoons. To book an appointment please call the Community Centre at 250-388-5251.

#### FREE LEGAL CLINIC

Legal advice is provided free of charge during 15-minute phone appointments on Tuesday afternoons. All legal questions welcome. Please call us to book an appointment, 250-388-5251.

#### COMMUNITY VOLUNTEER INCOME TAX PROGRAM

As part of the Canadian Revenue Agency's Community Volunteer Income Tax Program we have volunteers that can assist those with simple tax filing for current and back dated tax years. We can help students, newcomers, persons with low income or older adults. For more info call 250-388-5251.

## **Family Self Sufficiency (FSS) is** currently accepting applications! The FSS Program can support you to... • Start saving with a matched savings program

- Gain more control of your money
- Face your financial fears and move forward
- Begin a debt reduction plan and reduce your
- Access supports that will assit you and your family as you move towards a brighter future

Call the FSS program today at 250-388-5251 to find out more!

#### BURNSIDE GORGE COMMUNITY CENTRE RECREATION PROGRAMS

## PROGRAM REGISTRATION

We have an exciting line-up of programs for all ages, from toddlers to seniors. To register for a program call 250-388-5251 or drop by the Centre in person. Pre-registration is required for all programs. The Front Desk hours are 8:30am-5pm, Monday to Friday. We are closed on statutory holidays and weekends, unless noted otherwise.

Payment is required at the time of registration and can be made by cash, cheque, credit card (VISA & MC), Debit or City of Victoria LIFE credits.

# REGISTER EARLY TO AVOID DISAPPOINTMENT!

Programs may be cancelled or postponed if there are not enough registered participants. Decisions to run or cancel a program are usually made two days prior to the first class.

#### **REFUND POLICY:**

- For a full refund, request for withdrawal must be received at least 1 day prior to the first class.
- A full refund will be issued if BGCA cancels a program.
- If a participant withdraws after the first class, they will be refunded the pro-rated cost of the program.
- Withdrawing after the second or third class, the participant will be refunded the pro-rated cost of the program minus a \$5 administrative fee.
- No refunds for withdrawals after the lesser of the 4th class or 50% of the course has been completed.

#### GET IN TOUCH

Do you have an IDEA for a program that you would like to see offered at Burnside Gorge Community Centre? Are you an instructor interested in running a program with us? Call Vanessa Normore 250-388-5251 or email <a href="mailto:vanessa@burnsidegorge.ca">vanessa@burnsidegorge.ca</a>.

#### FACILITIES

The Burnside Gorge Community Centre is located just outside downtown Victoria at 471 Cecelia Road, between Burnside Road East and Gorge Road East. Outdoor public facilities include the Cecelia Ravine Park, Sport Court and Bike Skills Park, adjacent to the Centre.

The Community Centre is readily accessible by public transit: buses #8, 11, 21 and 22 routes on Gorge Rd East, Jutland Rd and Burnside Rd East, run parallel or border Cecelia Road. It is also easily accessible by the Galloping Goose Trail, which is adjacent to the Centre.

# Burnside Gorge Activity Guide

### OCTOBER PROGRAMS

Programs do not run on Statutory Holidays and the schedule is subject to change without notice.

Please call 250-388-5251 to register.

#### **FAMILY PROGRAMS**

#### MIGHTY MOVERS (AGES 0-5)

Join us for active play in the Activity Center. It's a time to dance, sing and play. The program provides opportunity for movement and free play. Parent participation required. Followed by snack and cool down in the Family Centre.

Mondays October 2 - 30 9:30am - 12pm Free

#### CRAFTY CRITTERS (AGES 0-5)

Explore your crafty side! Every week there is a different themed craft to go along with stories and activities. Sessions will be held in the Family Centre.

Tuesdays October 3 - 31 10am - 12pm Free

#### ITTSY BITTY'S PLAYTIME (AGES 0-5)

Join us for some sensory play and playtime in our BGCA playground when weather permits. Please dress your children appropriately for outdoor play time. Parent participation is required.

Wednesdays October 4 - 25 10am - 12pm Free

#### COZY CORNER TIME (AGES 0-5)

Are you ready to get cozy? Ms. Ginny is planning some warm and cozy fall activities for Fridays! Parent participation is required.

Fridays October 6 - 27 9:30am - 12pm Free

All meet ups are free with snack and coffee provided.



#### **COMMUNITY DINNER @ BURNSIDE GRILL**

Enjoy a nutritious meal with your family and meet other members of your community. Families need to register for dinner before Wednesday 4pm by calling the front desk at: 250-388-5251. Advise if you are Vegetarian when registering.

Thursdays October 5 - 26 5 - 7 pm by donation

\*\*\* Thursday, October 5 is Thanksgiving Dinner\*\*\*



#### **ADULT HEALTH & WELLNESS**

#### XL YOGA

Yoga for those living in large bodies taught by a person living in a large body. The benefits of yoga - increased balance, flexibility, stamina, and relaxation - are wonderful for everybody. We'll make the poses work for everyone using modifications and props (bolsters, blankets, and straps). Our classes are fun and light-hearted. Instructor Jill Moran

Thursdays Sep 21 - Nov 23 7:00 pm - 8:00 pm 8/\$96

\*Drop in available - \$15 per class

\*no classes on October 5 & 26

## ESSENTRICS: MOBILITY, STRENGTH, FLEXIBILITY, RANGE OF MOTION



Essentrics is a full body workout that unlocks and decompresses joints by stretching and strengthening all 650 muscles without impact to the body.

The workout incorporates flowing movements designed to increase circulation with the benefits of elongating and lubricating connective tissues around muscles and joints. This unique, re-aligning, and rebalancing approach to body maintenance encompasses trademark sequences that lead to improved well-

ness, increased energy, and pain reduction.

Every time you come to an Essentrics class, you will enjoy fresh music playlists and new exercise sequences. There's no equipment needed for Essentrics, all that is required is a mat. Instructor: Junko Hammond

Tuesdays & Fridays October 3 - 27 9 am - 10 am Drop In-\$8 a class

\*\*\* Please note: there will not be any Essentrics class on Tuesday, Oct 31\*\*\*

#### 711MPA

Join us for one of the fastest growing Latin dance-inspired fitness crazes across the world! People of all ages are falling in love with its infectious music, easy-to-follow dance moves and body-sculpting benefits. Come dance to the rhythms of Salsa, Merengue, Mambo and other Latin beats. This is a fitness class you will not want to miss!

Wednesdays November 1 - November 22 6:00 pm - 7:00 pm 4/\$36

#### 55+ PROGRAMS

#### SENIORS LUNCH AND LEARN

Socialize with other seniors in the community while enjoying a delicious and nutritious homemade meal. This program features a mix of guest speakers, social activities and theme activities during the holiday seasons. For more information please call the Community Centre, 250-388-5251.

October 5 - Thanksgiving Trivia

October 12 - Ann Nightingale - Rocky Point Bird Observatory - Bird and Wildlife at Race Rocks

October 19 - TBA

October 26 - Megan Rowe - CRD -Climate 101



The centre will be closed on Monday,
October 2 & October 9.
Have a happy long weekend!

## IT'S THAT TIME OF THE YEAR! DON'T FORGET TO REGISTER FOR MONSTER MASH! LOTS OF THINGS PLANNED FOR THIS SPOOKY EVENING!

TO REGISTER CALL US AT 250-388-5251





This drop-in program offers an inclusive space to learn, create and share! You can bring your own project and work on it with lots of creative people around you. This group meets every thursday between 10 am - 12pm.

## **Burnside Boutique**

Burnside Boutique will be closed on Sunday October 1 and will reopen, resuming normal operating hours Wednesday, October 4.

#### **VOLUNTEER OPPORTUNITIES AVAILABLE**

Looking for something to do through the fall and winter months? We have volunteer positions available! We are looking for driven individuals who are willing to expand their knowledge in the retail world! For more information, email <a href="mailto:boutique@burnsidegorge.ca">boutique@burnsidegorge.ca</a> or visit our website at

https://burnsidegorge.ca/burnside-boutique/



## Savour Freshness longer!

Submitted by CRD Environmental Services

Did you know that fruit and vegetables make up 45% of the food thrown out in Canadian homes? It takes a lot of dedication, hard work, resources and energy for farmers to grow the produce we consume, so together, we can make every bite count and not let good food go to waste.

We can prolong the life of our produce by storing it properly or freezing it to use them later. Here are some tips commonly wasted produce fresher for longer.

Tomatoes: To keep those juicy tomatoes fresh, pop them in your fridge. And if you happen to have more toma-



toes than you can handle, freezing them is the best option. Give them a good wash, pat them dry, slice them up, and into the freezer they go. Frozen tomatoes make a fantastic substitute for canned ones and work wonders in soups, curries, or casseroles.

Potatoes: Potatoes are a pantry must-have, but they tend to sprout if not stored properly. To extend their shelf life, keep them in a cool, dark, and well-ventilated spot. If you find yourself with more potatoes than you can peel, consider freezing them. Boil them, mash them, and store them in the freezer. These frozen mashed potatoes will be your secret weapon for quick shepherd's pies later.

Apples: Apples are versatile, but they can get a bit mushy if stored incorrectly. The best place for your apples? The fridge, especially in a low humidity drawer. And if you ended up with more apples thank you can eat, don't worry, you can freeze them too. Slice them up and freeze them after dipping them in lemon water to prevent browning, and voilà! These frozen apple slices are perfect for sauces or to whip up a scrumptious apple crumble or pie filling for the holidays.

Still not convinced you can reduce your food waste with these tips? Head over to <a href="www.crd.bc.ca/lovefood">www.crd.bc.ca/lovefood</a> for more mouthwatering recipes and a fridge guide that'll be your trusty ally to keep your food fresher for longer and cut down food waste. By making a few small changes in how we store and use our produce, we can make a positive impact on our planet and our pockets.

## Gorge Waterway Cleanup 2023

It rained, it poured but that didn't stop over 50 volunteers from coming out on Saturday, Sept 23rd for the annual Gorge Waterway Cleanup! Despite Mother Nature's forecast, it was a great event to kick-start the fall season!

Volunteers scoured the shoreline, trails, green space and sea bed collecting and removing garbage!

A gigantic THANK-YOU to all who came out to support the event. Special thanks to Victoria Canoe and Kayak Club members who patrolled the waterway and collected debris from the waterway. The Ecological health and continued preservation of our Gorge Waterway continues to thrive as a result of your selfless efforts!

Thank you to our generous sponsors and supporters: Ellice Recycle, Victoria Harbour Ferry, Soupa Cafe, Irene's Bakery, CRD, United Rentals Victoria, GFL Environmental LTD and Ocean Legacy Foundation.



## Burnside Gorge Land Use

Next Community Association Land Use Committee (CALUC)

To Be Determined

Everyone welcome! The BG Land Use Committee meets once a month to discuss land use and related topics, or as needed when there are development proposals in the neighbourhood. Upcoming meetings are listed below. Please email <a href="mailto:lucchair@burnsidegorge.ca">lucchair@burnsidegorge.ca</a> if you are interested in attending these meetings and/or joining the CALUC.

#### 2816 Irma Street

The original proposal for eight townhouses has been revised to meet the BG community's comments. The most significant change is splitting the proposal into two buildings to allow for views through to the water for townhouses located behind this site.

#### 3106 Washington Avenue

A developer's presentation on a proposal for 3106 Washington Avenue was held on June 19th. The proposal for 3106 Washington Street consisting of 4 townhouses located behind the existing heritage home that is to remain was positively received. A common remark was the desire to have the secondary basement suites deleted due to lack of parking.

#### **DEVELOPMENTS TO WATCH**

All development applications within the City can be tracked here: <a href="https://www.victoria.ca/EN/main/residents/planning-development/development-tracker.html">https://www.victoria.ca/EN/main/residents/planning-development/development-tracker.html</a>
You can filter by neighbourhood to see what is happening in Burnside

The following new developments are posted on the City's Development Tracker, but keep an eye on the link about these following proposals or new proposals:

#### 624 and 628 Manchester Road

This 8-unit townhouse development has been approved by Victoria City Council. Additional information about this development has now been posted on the Development Tracker.

#### **Rock Bay District**

The City of Victoria has selected a working group for workshops to develop visions for the Burnside Gorge area between Chatham Street and Bay Street. This area is being planned as an Arts and Innovation District as outlined in the Victoria 3.0 Plan.

https://www.victoria.ca/EN/main/business/economic-development.html

#### 2615 Douglas Street

A proposed 12-storey residential rental building is proposed on the portion of land behind the old Victoria Press building. The tower will run along Ross Lane. This proposal is now with City planning after a presentation at a Burnside Gorge community meeting.

## Calendar Listings

#### Truth and Reconciliation Day Ride

Date: Saturday, September 30

Time: 9:15 am

Location: Songhees Park

The ride starts at Songhees Park at 9:15 a.m. Diane Sam, of Songhees First Nation, will talk about the impact of residential schools and the land we live and play on. This will be a parade-style ride, using the full road, with VicPD closing the road off to automobile traffic. At 11:30 AM, we will arrive at the South Island Powwow. The Locker Bike Valet will be at the Powwow, free as always.

For more info click on the link

https://capitalbike.ca/reconciliationride/?mc\_cid=8e7c551f42&mc\_eid=f4d2a3bd30

#### **CIBC Run for the Cure**

Date: Sunday, October 1 Time: 9:30 a.m.-12:30 p.m. Venue: University of Victoria

Admission: \$45

Join us on Sunday, October 1 at UVIC for Run for the Cure. Everyone is welcome to come together for Canada's largest single-day, volunteer-led event in support of the breast cancer cause. Participants of all ages can run, walk or roll either 5k or 1k. Children and four-legged friends are welcome! Virtual participation is also welcome!

https://support.cancer.ca/site/SPageServer/?pagename=RFTC\_NW\_home

#### **Puppet Making Art Jam: Beyond Binary**

Date: Sunday, October 8 Time: 3:30-6:30 p.m.

Venue: Quadra Village Community Centre

Join Ann K Chou, BC Culture Days Ambassador, for an art jam event focused on accessibility, inclusion, and resilience. Celebrate diversity through engaging activities and creative expression. This enchanting event is scheduled for Oct 8, 2023. Please follow the Eventbrite link for registration. All individuals over the age of 10 are welcome to attend, and children under 13 must be accompanied by an adult.

## Golden Walk at Golden Hour: Victoria's Largest Golden Retriever Meet-up at Macaulay Park

Date: Friday, October 13 Time: 6:30-7:30 p.m. Venue: Macaulay Point Park

Admission: Free

Take a short, structured walk with us to get to know other community members facing similar joys or issues that another dog owner would be knowledgeable about! It's a chance to celebrate our Goldens and bond over a shared love for these dogs. Our Golden Walk at Golden Hour is supposed to encourage connections within the community!

https://timescolonist.com/local-events2\_evDiscoveryPath=/event/1939662-golden-walk-at-golden-hour-victoria-s-largest-golden-retriever-meet-up-at-macaulay-park

#### Victoria's Got Talent

Date: Saturday, October 14

Time: 6:00 p.m.

Venue: Phillip T. Young Recital Hall

Do you sing in the shower? Dance your way to class? Juggle, play drums, speed paint, tell jokes or have a special talent? The STAGE is waiting for you! Victoria's Got Talent is here for the first time on the Island! Calling everyone who has talent, NO age limit as long as there is a unique talent! What are you waiting for? Form a group, solo or dual and join this talent show!

https://allevents.in/victoria/victoria%E2%80%99s-got-talent/200025068071628/

#### The Climate Friendly Homes Tour

Date: Saturday, October 14 Time: 11:00 am - 2:00 pm

The Climate Friendly Homes Tour is a chance for homeowners to open their doors to those curious about the energy efficient features of their homes. Visitors to the homes will be able to learn about what steps to take to make a home more climate-friendly. They can ask questions about the costs, and work involved and hear about the experience of living in an energy-efficient home. See the tour locations online at <a href="https://www.climatefriendlyhomestour.ca">www.climatefriendlyhomestour.ca</a>



#### lar Economy Speaker Series: Reducing Food Waste

Date: Tuesday, October 17 Time: 5:30-8:30 p.m.

Venue: City Hall Antechamber, 1 Centennial Square

Admission: Free

Residents, business owners, and non-profit organizations are invited to attend this in-person session to learn how a circular economy is growing in Victoria to reduce food waste. Following the presentations and panel discussion, attendees are encouraged to visit booths set up around the room to see and taste examples of rescued food from our community. Yes, we said TASTE! Enjoy complimentary food and beverages made by local businesses finding creative ways to reduce food waste.

#### **Halloween Craft Day**

Date: Saturday, October 21 Time: 1:30-4:00 p.m.

Venue: Victoria West Community Centre

Admission: Free

Join us at the Victoria West Community Centre for an afternoon of arts & crafts and complimentary pumpkin carving! This family fun event runs from 1:30 - 4:00 and there will be tons of activities for kids including face painting a bouncy castle and more! This event is open to all but pumpkins are limited and will be given out on a first come first served basis and we ask that parents share pumpkins with their kids so that more kids get an opportunity to carve a pumpkin! This is a FREE event and we ask that if you are able to bring a non-perishable food item for our local free pantry that you consider bringing something for local families in need.

https://allevents.in/victoria/halloween-craft-day/80001535413956

#### Kaleidoscope Theatre's Family FUNdays

Date: Sunday, October 22 Time: 9:00 a.m.-12:00 nn Venue: Kaleidoscope Arts Centre

Admission: Free

JUMP IN, DRESS UP, AND HAVE FUN WITH KALEIDOSCOPE! Kaleidoscope's Family FUNdays are our latest offering for the whole family that encourages creativity and play! Kaleidoscope's Family FUNdays happen every third Sunday of select months and is a morning of storytelling, handson crafts, dress up and lots of imagination. This recurring program features special guests like storytellers, artists, performers or musicians.

 $\underline{https://timescolonist.com/local-events?\_evDiscoveryPath=/event/1878112-kaleidoscope-theatre-s-family-fundays}$ 

#### **Crafted Farmhouse Market**

Date: Sat & Sun, October 27-28

Time: Oct. 27 - 5:00-9:00 p.m.; Oct. 28 - 10:00 a.m.-5:00 p.m.

Venue: Mary Winspear Centre

Admission: \$5 cash admission, kids 12 and under free

Enjoy a unique shopping experience! Proudly featuring 60+ local handcrafters and artisans, Local Live Music, Food Trucks, Drinks from Hoyne Brewing & Deep Cove Winery to sip as you shop, and Mini Makers.

#### **Bear Grease**

Date: Sunday, October 28 Time: 7:00-9:00 p.m. Venue: The Farquhar at Uvic

Admission: Pay What You Can, starting at \$5 A Treaty 6 Indigenous twist to the classic musical. Bear Grease combines

hip-hop, parody, improv and freestyle to offer a new perspective. Hip Hop duo LightningCloud -Crystle Lightning and MC RedCloud are the creators, writers and directors of this re-mastered Indigenous twist on the classic musical.

https://www.tourismvictoria.com/see-do/festivals-events/bear-grease

#### **Trick-or-Treat on Cook Street**

Date: Tuesday, October 31 Time: 8 a.m.-4 p.m.

Venue: Cook Street Village Activity and Wellness Centre

Admission: Free

Stop by anytime we are open (8am to 4pm) and Trick-or-Treat. We want to see kids of all ages (especially the adults who are big kids) dressed up and looking for fun. Come and see what our staff and volunteers have dressed up as today. We'll have the treats waiting for you.

https://www.tourismvictoria.com/see-do/festivals-events/trick-or-treat-cook-street/



## Neighbourhood Event Hub: What's on in Burnside Gorge





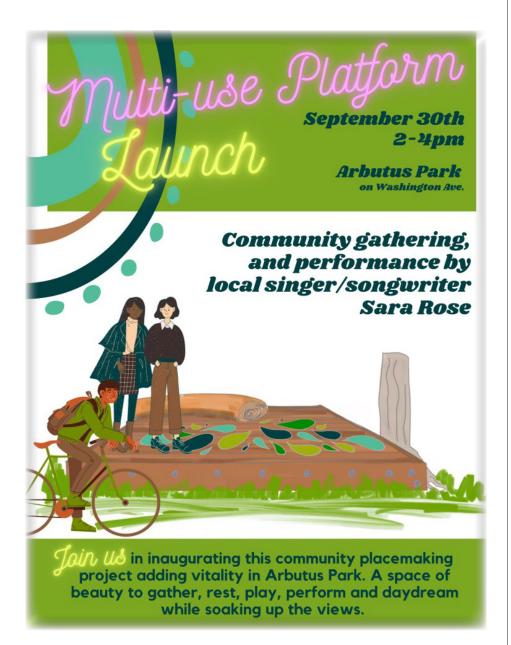








A new placemaking project at the Arbutus Park! Local Champions group worked so hard for this platform to be placed in the park and now it's time to celebrate it! Join this community gathering, meet with your community and enjoy the live performance by local singer Sara Rose.





Join your neighbours at this Halloween themed Welcome Block Party. This family-friendly event is a great opportunity to get dressed up and go for "trick or treating". You can meet your new neighbours and have a fun night in your neighbourhood!



Mark your calendars and gather your family for a day of outdoor activity, learning, and enjoyment. We can't wait to see you there!

Before each class complimentary equipment checks will be conducted to ensure the safety and readiness of every participant. Please bring your own bike and arrive 10 minutes early to complete the sign-in process. Registration required through eventbrite. For those without bicycles we will have a limited amount of loaner bikes available on site provided by the Free Wheelin' Youth Lending Program.

In addition, there will be drop in activities for kids under 6, door prizes and a meet and greet with professional mountain biker Henry Sherry. The expertise of Fort Street Bikes will be readily available, providing skilled bicycle mechanics to assist participants throughout the event. To keep energy levels high and spirits soaring, refreshing beverages and delicious snacks will be provided to participants.

Sponsored by the Burnside Gorge Community Association, Fort Street Bikes and the City of Victoria My Great Neighbourhood Grant program, this event promises an unforgettable experience for all involved. Notably, prior experience in mountain biking is not a requirement; everyone is welcome to join in the fun and excitement. Free parking available on Burnside Road East, Cecelia Rd , Napier Lane and the Burnside Gorge Community Association.

Do you have an upcoming event or activity?
Send submissions to

info@burnsidegorge.ca

or call us at 250-388-5251!