$\mathbf{T}^{ ext{he}}$ Graffiti Fighters have changed their name and are expanding their group!

Introducing Burnside Gorge-ous!

The Burnside Gorge Graffiti Fighters was started in the Spring of 2022 when one person had an idea to help beautify the community and set about to make it become a reality.

A volunteer group was formed and we have been working diligently to remove tags and graffiti on public property and beautify our neighbourhood. We refer to this group as "The Tag Team".

As a result of spending so much time out in the community, we have been able to identify areas of concern and have worked with various city service providers to have these areas cleaned up and maintained. Have you noticed how many tags have been removed from the Cecelia Ravine? If not, take a walk through the park and see for yourself just how much better it looks!

In 2022 we joined together with the Trafalgar/Pro Patria Legion to have a large mural painted on their Gorge Road East wall to help mitigate the amount of tagging and beautify the area.

As a result of all the positive changes, we decided to add another component to the group – "The Garbage Grabbers". We have buckets and tools for picking up litter in the neighbourhood. Anyone can join and you can pick up as much or as little litter as you like.

We are seeking new members for "The Tag Team" and "The Garbage Grabbers". You can join one or both. Please feel free to reach out to us. The Burnside Gorge-ous team look forward to welcoming you and together we can continue to make a difference in our incredible community.

Rachelle Westman, Coordinator burnsidegorge-ous@burnsidegorge.ca



Building Community at 210 Gorge

Submitted by Cool Aid

Cool Aid's efforts to build community (within this amazing Burnside-Gorge community) continue to pay off! In recent months, we've been able to offer raised garden beds to Burnside-Gorge neighbours who were on the waiting list for community beds, and we have leased the commercial space in the building. Watch for a new (beloved local brand) coffee shop coming soon!



Burnside Boutique's online auction!

We are happy to announce that Burnside Boutique will be running its first online auction Thursday, August 24th - Saturday, August 26th. This 3-day event will be hosted on Burnside Boutiques Facebook page. All funds raised from these auctions will support the Burnside Gorge Community Associations' programs and services.

Stay tuned for more information! Details about the event will be posted on Burnside Boutiques Facebook page closer to the event.

JOIN OUR FACEBOOK PAGE NOW!

https://www.facebook.com/TheBurnsideBoutique

BOOK A DONATION APPOINTMENT TODAY!

We accept donations Wednesday through Sunday here at our little shop. When donating bring donations to our back door, ring our little bell and one of our lovely staff members will come running.

You can book an appointment by emailing us at boutque@burnsidegorge.ca or call 250-590-0875. If you are unsure of what we accept you can refer to our donation guidelines listed on our website:

https://burnsidegorge.ca/burnside-boutique/

Specific items we are looking for:

- Shorts
- Skirts
- Capris
- T-shirts
- Tank tops
- Bathing SuitesFlip flops
- Sandals
- Water shoes
- Sun Hats
- housewares
- home décor
- Kids toys
- board games & Puzzles



Join the BGCA Team

CURRENT OPENINGS:

- Daycare Manager (ECE)
- Early Childhood Educator
- Our of School Care Leader
- Custodian

Full job descriptions and application details can be found at:

http://www.burnsidegorge.ca/opportunities/employment

About Us

We are a group of (com)passionate, enthusiastic, hardworking people who also know how to have fun. Our teams are deeply committed to serving the children, youth, families and seniors in our community as best as they can and helping and caring for each other as well.



August 2023

Published by

The Burnside Gorge Community Association 471 Cecelia Road, Victoria, BC V8T 4T4 Phone: 250-388-5251

Website: www.burnsidegorge.ca

Note: Written contributions do not necessarily reflect the opinions of the BGCA or its staff.

BGCA Board of Directors

Greg Arnold, Treasurer Elizabeth Cull, Chair Ryan Hart, Director Kirsten Mah, Director Michelle Peterson, Secretary Corinne Saad, Director Avery Stetski, Vice-Chair Mangat Vohra, Director

To Advertise

Establish yourself as a community supporter with an ad in your community newsletter.

The deadline to purchase ad space is the 15th of each month prior to the month of publication. Please contact us for current

Contributions

The BGCN welcomes submissions. Submissions are subject to editing as required for clarity and brevity. Please note that submission does not guarantee publication. Contact us fo submission guidelines and deadlines.

Editor: Şevval Keçicioğlu Email: sevval@burnsidegorge.ca Phone: 250-388-5251



Founded in 1991 in response to community need, the Burnside Gorge Community Association provides a continuum of programs and services that strengthen the lives of children, youth and families in Greater Victoria.

Programming includes: a range of childcare programs for ages 3.5 to 11; community and school based youth and family services; housing and asset development supports for youth and families; community recreation and special events for all ages; and a variety of community development initiatives.

As a non-profit organization, we rely on the support of individuals, businesses and partner organizations to continue providing a high level of service to our communities. If you're passionate about the work that we're doing there are a number of ways that you can get involved.

Join our team!

Want to join a fun and dynamic team? BGCA is a great place to work. To see current opportunities please see our website at:

http://www.burnsidegorge.ca/opportunities/employment

Do you have some time to spare and a passion for community? We're always looking for volunteers to help out. Current

http://www.burnsidegorge.ca/opportunities/volunteer

Become a member!

Are you interested in being a part of our mission? Become a member and take an active role in shaping our community. For more information contact the BGCA directly at:

info@burnsidegorge.ca

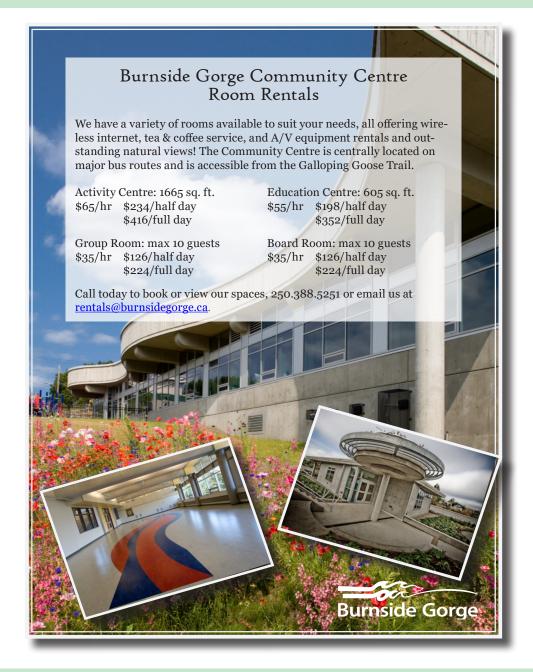
CENTENNIAL UNITED CHURCH 621 David St.



Now offering in-person and livestreaming services at 10:55 am. Prelude begins at 10:45 am.

For more info please call 250-384-6424 or visit www.cucvictoria.com

FACILITY RENTALS



COMMUNITY SERVICES

INCOME ASSISTANCE SUPPORT

Do you have questions about Income Assistance (IA) or Persons with Disability Assistance (PWD)? BGCA has an Employment & Assistance Worker from the Ministry of Social Development & Poverty Reduction who takes appointments at the Centre on Thursday afternoons. To book an appointment please call the Community Centre at 250-388-5251.

FREE LEGAL CLINIC

Legal advice is provided free of charge during 15-minute phone appointments on Tuesday afternoons. All legal questions welcome. Please call us to book an appointment, 250-388-5251.

COMMUNITY VOLUNTEER INCOME TAX PROGRAM

As part of the Canadian Revenue Agency's Community Volunteer Income Tax Program we have volunteers that can assist those with simple tax filing for current and back dated tax years. We can help students, newcomers, persons with low income or older adults. For more info call 250-388-5251.

Family Self Sufficiency (FSS) is currently accepting applications! The FSS Program can support you to... • Start saving with a matched savings program • Gain more control of your money • Face your financial fears and move forward • Begin a debt reduction plan and reduce your

 Access supports that will assit you and your family as you move towards a brighter future

Call the FSS program today at 250-388-5251 to find out more!

BURNSIDE GORGE COMMUNITY CENTRE RECREATION PROGRAMS

PROGRAM REGISTRATION

We have an exciting line-up of programs for all ages, from toddlers to seniors. To register for a program call 250-388-5251 or drop by the Centre in person. Pre-registration is required for all programs. The Front Desk hours are 8:30am-5pm, Monday to Friday. We are closed on statutory holidays and weekends, unless noted otherwise.

Payment is required at the time of registration and can be made by cash, cheque, credit card (VISA & MC), Debit or City of Victoria LIFE credits.

REGISTER EARLY TO AVOID DISAPPOINTMENT!

Programs may be cancelled or postponed if there are not enough registered participants. Decisions to run or cancel a program are usually made two days prior to the first class.

REFUND POLICY:

- For a full refund, request for withdrawal must be received at least 1 day prior to the first class.
- A full refund will be issued if BGCA cancels a program.
- If a participant withdraws after the first class, they will be refunded the pro-rated cost of the program.
- Withdrawing after the second or third class, the participant will be refunded the pro-rated cost of the program minus a \$5 administrative fee.
- No refunds for withdrawals after the lesser of the 4th class or 50% of the course has been completed.

GET IN TOUCH

Do you have an IDEA for a program that you would like to see offered at Burnside Gorge Community Centre? Are you an instructor interested in running a program with us? Call Vanessa Normore 250-388-5251 or email vanessa@burnsidegorge.ca.

FACILITIES

The Burnside Gorge Community Centre is located just outside downtown Victoria at 471 Cecelia Road, between Burnside Road East and Gorge Road East. Outdoor public facilities include the Cecelia Ravine Park, Sport Court and Bike Skills Park, adjacent to the Centre.

The Community Centre is readily accessible by public transit: buses #8, 11, 21 and 22 routes on Gorge Rd East, Jutland Rd and Burnside Rd East, run parallel or border Cecelia Road. It is also easily accessible by the Galloping Goose Trail, which is adjacent to the Centre.

Burnside Gorge Activity Guide

AUGUST PROGRAMS

Programs do not run on Statutory Holidays and the schedule is subject to change without notice. Please call 250-388-5251 to register.

FAMILY PROGRAMS

MIGHTY MOVERS (AGES 0-5)

Join us for active play in the Activity Center. It's a time to dance, sing and play. The program provides opportunity for movement and free play. Parent participation required. Followed by snack and cool down in the Family Centre.

Mondays August 7 - 28 9:30am - 12pm Free

CRAFTY CRITTERS (AGES 0-5)

Explore your crafty side! Every week there is a different themed craft to go along with stories and activities. Sessions will be held in the Family Centre.

Tuesdays August 1 - 29 10am - 12pm Free

ITTSY BITTY'S PLAYTIME (AGES 0-5)

Join us for some sensory play and playtime in our BGCA playground when weather permits. Please dress your children appropriately for outdoor play time. Parent participation is required.

Wednesdays August 2 - 30 10am - 12pm Free

HAPPY TRAILS (AGES 0-5)

Are you ready for a little adventure? A weekly adventure to one of our local parks, beaches or kid friendly trails. Please dress your children appropriately for an outdoor activity. Parent participation is required.

Fridays August 4 - 25 9:30am - 12pm Free

All meet ups are free with snack and coffee provided.



COMMUNITY DINNER @ BURNSIDE GRILL

Enjoy a nutritious meal with your family and meet other members of your community. Families need to register for dinner before Wednesday 4pm by calling the front desk at: 250-388-5251. Advise if you are Vegetarian when registering.

Thursdays August 24 5 - 7 pm by donation



ADULT HEALTH & WELLNESS

ESSENTRICS: MOBILITY, STRENGTH, FLEXIBILITY, RANGE OF MOTION



Essentrics is a full body workout that unlocks and decompresses joints by stretching and strengthening all 650 muscles without impact to the body.

The workout incorporates flowing movements designed to increase circulation with the benefits of elongating and lubricating connective tissues around muscles and joints. This unique, re-aligning, and rebalancing approach to body maintenance encompasses trademark sequences that lead to improved

wellness, increased energy, and pain reduction.

Every time you come to an Essentrics class, you will enjoy fresh music playlists and new exercise sequences. There's no equipment needed for Essentrics, all that is required is a mat. Instructor: Junko Hammond

Tuesdays & Fridays Drop In-\$8 a class July 4 - 28

9 am - 10 am

55+ PROGRAMS

SENIORS LUNCH AND LEARN

Socialize with other seniors in the community while enjoying a delicious and nutritious homemade meal. This program features a mix of guest speakers, social activities and theme activities during the holiday seasons. For more information please call the Community Centre, 250-388-5251.

August 3 - Seniors BBQ / Reiner Piehl (Musician)

August 10- No Dinner

August 17 - Vintage Car Club of Canada

August 24 - Seaquaria Ocean Education Centre

August 31 - Gorge Waterway Action Society



YOUTH PROGRAMS

KIDS AT TENNIS

The Society for Kids at Tennis (KATS, <u>www.kidsattennis.ca</u>) provides free tennis lessons and equipment to families experiencing financial

barriers. Using the "progressive tennis" approach recommended by Tennis Canada, the KATS program uses smaller racquets, smaller courts, lower nets and low compression balls. This approach helps kids to develop confidence in their ability to hit the ball, learn quickly, and most of all, have fun playing the sport! To complete a registration form, please contact 250-388-5251. Please note, this tennis program takes place at Banfield Court on Craigflower Rd, next to Vic West Community Centre.



Tennis 5 - 8 year olds

Mondays July 10 - September 25 4:00 pm - 5:00 pm 10classes/Free

Tennis 9 - 13 year olds

Mondays July 10 - September 25 5:00 pm - 6:00 pm 10 classes/Free

No classes on Monday, July 3, August 7 and September 4

Sustainable Camping Tips

Submitted by CRD Environmental Services

Camping is a wonderful way to reconnect with nature and enjoy the great outdoors. As responsible campers and outdoors adventurers, it is crucial we adopt sustainable practices to preserve the beauty of our natural surroundings. Here are six conscious choices you can make this summer.

- 1. Plan your meals and pack them in reusable containers: One of the easiest and most effective ways to minimize waste while camping is by using reusable containers to store your food. Ditch single-use plastic bags and wraps and opt for durable containers. Containers not only reduce waste but also keep your food fresh and protected during your camping trip.
- 2. Bring reusable plates and cutlery: Disposable plates and cutlery generate a significant amount of waste that ends up in landfills if it cannot be composted or recycled. Instead, invest in lightweight, reusable plates, bowls, cups, and cutlery. These eco-friendly alternatives will last you multiple camping seasons as can be easily washed and reused, saving resources, and minimizing environmental footprint. Remember to bring your biodegradable soap to protect our waterways.
- 3. Keep hydrated without generating waste: By bringing a refillable water container instead of single use water bottles, you can save money, reduce plastic use and have less to pack and recycle on your way home.
- 4. Be sure to clean and pack everything back: Waste and organic matter left behind can disturb animals' habitat and the surrounding ecosystem like water sources. Packing everything back will help preserve the integrity of natural spaces for future generations to enjoy.
- 5. Dispose of Hazardous Waste Correctly: Camping gear, such as BBQ starters, propane tanks, and cylinders, are considered hazardous waste and should never be thrown into regular waste bins. These items should be taken to appropriate recycling facilities. By disposing of hazardous waste responsibly, you prevent harmful substances from entering the environment and contribute to a safer camping experience for everyone. Not sure where to take your Hazardous Waste? Hartland depot has an extensive list of accepted Household Hazardous Waste free for all CRD residents.
- 6. New to camping? Borrow your gear. There is no need to spend money on items you may not use again. Borrowing from family and friends or buying second hand will help reduce waste while still having the full camping experience.

Camping clean and adopting sustainable practices is not only beneficial for the environment but also enhances our overall camping experience. Let's make the most of this summer by camping responsibly! Want to learn more about Hazardous materials and the proper disposal?

Visit www.crd.bc.ca/hhw



The centre will be closed on Monday,

August 7 for BC Day.

Have a happy long weekend!



Our annual Gorge Waterway Cleanup event is coming in September! The date and the details will be on our website soon. To check the webpage, click on the link

https://burnsidegorge.ca/special-events/gorge-waterway-cleanup/

POINT ELLICE HOUSE MUSEUM AND GARDENS

2616 Pleasant Street, Victoria (250) 800-1831

www.PointElliceHouse.com/

Email: Info@PointElliceHouse.com

Visit the beautiful Point Ellice House, a green oasis in the heart of Victoria's industrial core.

Built in 1861, the Italianate Villa is one of the oldest homes in the city. It boasts an extensive collection of Victorian and Edwardian artifacts from the O'Reilly family, who inhabited the house for 108 years before selling it and all its contents to the Province of British Columbia in 1975. Explore the historic house and gardens from Thursday to Sunday and join us for various workshops and special events throughout the year.

Victoria and British Columbia changed rapidly around Point Ellice House. Similar houses and properties were demolished, but Point Ellice House, its contents, and its gardens remain.

Please visit our website and social media for up to date information about admission rates, upcoming events, site history, and more.

Facebook: https://www.facebook.com/PointEllicePHS

Twitter: https://twitter.com/PointEllicePHS

Instagram: https://www.instagram.com/pointellicephs/ LinkedIn: https://www.linkedin.com/company/pointellicephs/

TikTok: https://www.tiktok.com/@pointellicephs

SIGN UP AS A VOLUNTEER AT POINT ELLICE HOUSE MUSEUM AND GARDENS!

Do you like Gardening? Do you like History?

Do you like participating in Community Events?

 $Contact: \underline{volunteers@forager foundation.com}\\$





Grow the best!

Two events coming to the neighbourhood this month. Don't forget to mark your calendars!

First is the much-loved event in the city, Get Growing, Victoria! Burnside Gorge Community Association is a proud partner with the City's gardening program, Get Growing, Victoria! We are hosting an event to distribute veggie seedlings and garden materials to community members who face barriers to growing their own food. This program supports communities in need through partnerships with non-profit organizations that help distribute seedlings to residents who face barriers to growing their own food.

Collect free food seedlings. We will also have soil-building materials down at the Cecelia Ravine Park, don't forget your shovel and containers to collect some compost, wood chips and leaf mulch too!

Please note there is no registration required this year. We will distribute seedlings on a first-come first-serve basis.

Date: Thursday, August 3

Time: 5 - 7 pm

Location: Burnside Gorge Community Centre (471 Cecelia Rd.)

The second one is an introductory workshop on fruit tree care throughout the year. Join this class and learn important tips about fruit tree care from an expert. Don't forget to register for this event online at the link below! https://www.victoria.ca/EN/main/residents/recreation.html

Date: Saturday, August 26 Time: 10 am – 12 pm

Location: Burnside Gorge Community Centre (471 Cecelia Rd.)

Fruit Tree Care



An introductory workshop on fruit tree care throughout the year. Following a seasonal schedule, we will outline the tasks that can be done to enhance the health, beauty and productivity of fruit trees. Topics covered will include when to prune, fertility, soil management and common pests and diseases.

Location: Burnside Gorge Community Centre, 471 Cecelia Rd. **Instructor:** Tim Fryatt, LifeCycles Project Society

10 a.m.-Noon

mer determinently and, Emergence in reject electory

Aug 26

Sat



\$10



Burnside Gorge Land Use

Next Community Association Land Use Committee (CALUC)

To Be determined

Everyone welcome! The BG Land Use Committee meets once a month to discuss land use and related topics, or as needed when there are development proposals in the neighbourhood. Upcoming meetings are listed below. Please email lucchair@burnsidegorge.ca if you are interested in attending these meetings and/or joining the CALUC.

3106 Washington Avenue

A developer's presentation on a proposal for 3106 Washington Avenue was held on June 19th. The proposal for 3106 Washington Street consisting of 4 townhouses located behind the existing heritage home that is to remain was positively received. A common remark was the desire to have the secondary basement suites deleted due to lack of parking.

DEVELOPMENTS TO WATCH

All development applications within the City can be tracked here: https://www.victoria.ca/EN/main/residents/planning-development/development-tracker.html

You can filter by neighbourhood to see what is happening in Burnside Gorge.

The following new developments are posted on the City's Development Tracker, but keep an eye on the link about these following proposals or new proposals:

1824-2010 Store Street & 530 Chatham Street

Additional information about this development has now been posted on the Development Tracker. A community meeting was held on October 12th to hear a preliminary proposal by Reliance Properties for a rezoning of the Capital Iron property. This is a large development including the relocation of the Greater Victoria Art Gallery to this site.

Rock Bay District

The City of Victoria has selected a working group for workshops to develop visions for the Burnside Gorge area between Chatham Street and Bay Street. This area is being planned as an Arts and Innovation District as outlined in the Victoria 3.0 Plan.

https://www.victoria.ca/EN/main/business/economic-development.html

2615 Douglas Street

A 12-storey residential rental building is proposed on the portion of land behind the old Victoria Press building. The tower will run along Ross Lane. This proposal is now with City planning after a presentation at a Burnside Gorge community meeting.

Calendar Listings

Bejewelled Dragons of the Pond (Guided Walk)-All Ages

With a CRD Regional Parks naturalist, we'll learn all about this life as we discover the amazing world of dragonflies as they zig and zag across wetlands in search of their prey.

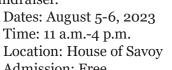
Date: August 1, 2023 Time: 10-11:30 a.m.

Location: Elk/Beaver Lake Regional Park

 $\underline{https://www.crd.bc.ca/about/events/event/2023/08/01/default-calendar/bejeweled-dragons-of-the-pond-(guided-walk)-all-agestic all-agestic all-agest$

Wear2Start Pop-Up Clothing Sale

Shop to empower women. Wear2Start proudly serves all self-identified women with clothing and personal items for the next step in their journey. We will be hosting our first-ever Pop Up Clothing Sale & Fundraiser.



 $\underline{https://www.tourismvictoria.com/see-do/festivals-events/wear2start-pop-clothing-sale}$

Admission: Free https://www.tourismvictoria.c

The ReLove Market

A market for the finest in second-hand & vintage clothing. Join local curators and fashion enthusiasts for the weekend!

Date: August 5 & 6 Time: 12 – 6:30 pm

Location: Market Square (560 Johnson St.)

https://allevents.in/victoria/the-relove-market/80002166643186

Wonderment Festival: 8th Edition

Wonderment returns for the BC Day Weekend in 2023 for its 8th edition of ambient and electro-acoustic music in Victoria area public parks.

Date: August 6, 2023 Time: 2-10 p.m.

Location: Cameron Bandshell, Beacon Hill Park

Admission: Free

https://www.tourismvictoria.com/see-do/festivals-events/wonderment-festival-8th-edition-beacon-hill-park and the state of the state o

Local Folk Fair at Junction Cidery

A special event, set amongst the apple orchard, featuring 35 amazing hand-picked local artisan vendors, live music, games, special orchard experiences + workshops, delicious food and Junction Cider!

Date: August 6, 2023 Time: 11 a.m.-4 p.m.

Location: 273 Prospect Lake Road Admission: \$4 Admission (Under 12 Free)

 $\underline{https://www.tourismvictoria.com/see-do/festivals-events/local-folk-fair-junction-cidery-out of the fair-junction of the fair-juncti$

Free -B Film Fest 2023

Watch free films on the grass, in the park, under the starry sky at Cameron Bandshell, Beacon Hill Park every Friday and Saturday. Rain or shine!

Dates: August 11-26, 2023

Time: 9 pm

Location: Cameron Bandshell, Beacon Hill Park



The Greatest Show on Earth! An Exhibit by Tanya Bub

Enjoy The Greatest Show on Earth, a free, circus-themed art exhibit featuring dozens of driftwood, cardboard, and wire sculptures by artist Tanya Bub, while raising awareness regarding people who are homeless and funds for Our Place Society, who support them.

Date: August 22-September 10, 2023

Location: The Gage Gallery in Bastion Square

Admission: Free

https://www.tourismvictoria.com/see-do/festivals-events/greatest-show-earth-exhibit-tanya-buble and the state of the sta

Scrappy Last Saturdays at SUPPLY Victoria



SCRAPPY LAST SATURDAYS provides more sustainable and affordable alternatives for under-resourced families who care about the environment. Families with school-aged children (ages 7-12) are invited to this upcycle crafting event!

Date: August 26, 2023 Time: 10 - 11 am

Location: 750 Fairfield Road

https://supplyvictoria.ca/pages/workshops

Saanich Music in the Park

The District of Saanich offers community concert series in various parks in the district. You can find a concert every Tuesday between 6-8 pm. Food is available for purchase at the parks or you can bring your own picnic!

Dates: Tuesday, August 1, 8, 15, 22

Time: 6 – 8 pm

Location: Various parks, check the link below for location details https://www.saanich.ca/EN/main/parks-recreation-community/parks/events-in-park/music-in-the-park.html



Do you have an upcoming event or activity?
Send submissions to

info@burnsidegorge.ca

or call us at 250-388-5251!