

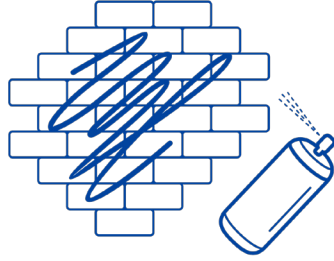
Burnside Gorge Community News

April 2023
www.burnsidegorge.ca

Graffiti Fighters

The Graffiti Fighters recently gathered to celebrate their 1st anniversary and reflect upon the many accomplishments this small group of volunteers have made in the Burnside Gorge community.

Since our inception we have spent over 250 volunteer hours painting over hundreds of tags on public property throughout Burnside Gorge. This accomplishment wouldn't have been possible without the support of Burnside Gorge Community Association and the resources supplied to us by the City of Victoria and BC Hydro.



In the Spring of 2022 the Graffiti Fighters joined forces with the Royal Canadian Legion's Pro Patria branch 292 and began the process of having a mural placed on the Legion's brick wall facing Gorge road at Jutland. The wall had been repeatedly tagged and together we agreed that a mural would be a welcome solution to the problem and at the same time improve the optics to this rather dull and barren feeling corner. Together we applied for and received grants from the City of Victoria, and the Burnside Gorge Community Association through the Strengthening Communities grant from the Province of B.C. After many hours of research and planning an artist was commissioned and the mural was completed by artist Kelly Everill in late October of last year.

In late Spring of 2022 the Graffiti Fighters drafted a letter to the City of Victoria Parks Department requesting that the overgrown weeds and brush be removed from the slope leading down to the Galloping Goose trail from the Gorge Rd bridge. The objective was to improve the sightlines to the trail below and to the mural underneath the bridge in order to improve safety and prevent tagging.

The Parks Department responded and removed much of the overgrown brush and expanded the lawn alongside the connector path. Now that the sightlines have been opened the feeling of increased safety in what was once a somewhat isolated area has greatly improved, you can see the mural under the bridge and there's even a view to the water below!

The Graffiti Fighters are looking forward to another successful year in 2023. As the weather improves we'll be out in force removing tags and graffiti from public property and sprucing up the neighbourhood. Watch for us this Spring as we add artwork to the Legion fence, work toward having the Legion mural lit at night and perhaps even add another mural or two to the neighbourhood.

If you'd like to volunteer your time or donate your resources to the Graffiti Fighters group please email us at graffitifighters@burnsidegorge.ca

Together we endeavor to keep Burnside Gorge-ous



Graffiti Fighter volunteers removing a graffiti in our neighbourhood

Burnside Gorge COMMUNITY MEETING

BGCA COMMUNITY MEETING: MONDAY, MAY 15, 2023 6:30 PM

This will be an opportunity for discussion on the direction our neighbourhood development.

The Zoom link is:

<https://uso6web.zoom.us/j/85687707076?pwd=amlvemlHMnBaeld5L3lFMVlUV1N2Zz09>

ARBUTUS PARK

Continuing discussions and updates on the future improvement of Arbutus Park. There were many ideas put forward at the January meeting and the BGCA is looking at setting up a committee to take these concepts forward.

Family Self Sufficiency (FSS) is currently accepting applications!

The FSS Program can support you to...

- Start saving with a matched savings program
- Gain more control of your money
- Face your financial fears and move forward
- Begin a debt reduction plan and reduce your debt
- Access supports that will assist you and your family as you move towards a brighter future

**Call the FSS program today at
250-388-5251 to find out more!**

Join the BGCA Team

CURRENT OPENINGS:

- Youth Service Worker
- Family Centre Coordinator
- Childcare Leaders (part-time)
- Supported Childcare Workers (part-time)

Full job descriptions and application details can be found at:

<http://www.burnsidegorge.ca/opportunities/employment>

About Us

We are a group of (com)passionate, enthusiastic, hardworking people who also know how to have fun. Our teams are deeply committed to serving the children, youth, families and seniors in our community as best as they can and helping and caring for each other as well.



Burnside Gorge Community News

April 2023

Published by

The Burnside Gorge Community Association
471 Cecelia Road, Victoria, BC V8T 4T4
Phone: 250-388-5251
Website: www.burnsidegorge.ca

Note: Written contributions do not necessarily reflect the opinions of the BGCA or its staff.

BGCA Board of Directors

Greg Arnold, Treasurer
Elizabeth Cull, Chair
Kirsten Mah, Director
Michelle Peterson, Secretary
Corinne Saad, Director
Avery Stetski, Vice-Chair
Mangat Vohra, Director

To Advertise

Establish yourself as a community supporter with an ad in your community newsletter.

The deadline to purchase ad space is the 15th of each month prior to the month of publication. Please contact us for current rates.

Contributions

The BGCN welcomes submissions. Submissions are subject to editing as required for clarity and brevity. Please note that submission does not guarantee publication. Contact us for submission guidelines and deadlines.

Editor: Şevval Keçicioğlu

Email: sevval@burnsidegorge.ca

Phone: 250-388-5251



About us

Founded in 1991 in response to community need, the Burnside Gorge Community Association provides a continuum of programs and services that strengthen the lives of children, youth and families in Greater Victoria.

Programming includes: a range of childcare programs for ages 3.5 to 11; community and school based youth and family services; housing and asset development supports for youth and families; community recreation and special events for all ages; and a variety of community development initiatives.

As a non-profit organization, we rely on the support of individuals, businesses and partner organizations to continue providing a high level of service to our communities. If you're passionate about the work that we're doing there are a number of ways that you can get involved.

Join our team!

Want to join a fun and dynamic team? BGCA is a great place to work. To see current opportunities please see our website at:

<http://www.burnsidegorge.ca/opportunities/employment>

Volunteer!

Do you have some time to spare and a passion for community? We're always looking for volunteers to help out. Current opportunities are listed at:

<http://www.burnsidegorge.ca/opportunities/volunteer>

Become a member!

Are you interested in being a part of our mission? Become a member and take an active role in shaping our community. For more information contact the BGCA directly at:

info@burnsidegorge.ca

CENTENNIAL UNITED CHURCH
621 David St.



Now offering in-person and live-streaming services at 10:55 am.
Prelude begins at 10:45 am.

For more info please call 250-384-6424
or visit www.cucvictoria.com

Save the Date!

Saturday, May 27
11 am - 5pm

Free All-Ages Event

W Selkirk
Waterfront
Festival

Selkirk Green Park
(near Gorge Rd East & Jutland Rd.)

Artisan Vendors Market
Beer Garden
Food Court
Family Fun Zone
and much more!

Burnside Boutique

HOW TO DONATE?

To book an appointment call: 250-590-0875 or email:

boutique@burnsidegorge.ca and one of the staff would happily get back to you.

On the date of your appointment, head over to 350 Burnside Road east. Take your donations to the back door and ring the doorbell. A staff member will be with you shortly to take a look through the items. Please advise staff might not be able to accept all items due to overstock or the general quality of the item.

**BURNSIDE BOUTIQUE WILL BE CLOSED ON FRIDAY,
APRIL 7 AND ON SUNDAY, APRIL 9 FOR THE EASTER
HOLIDAY**

STORE HOURS

Monday	Closed
Tuesday	Closed
Wednesday	10am - 6pm
Thursday	10am - 6pm
Friday	10am - 6pm
Saturday	10am - 5pm
Sunday	12pm - 5pm

BURNSIDE GORGE COMMUNITY CENTRE RECREATION PROGRAMS

PROGRAM REGISTRATION

We have an exciting line-up of programs for all ages, from toddlers to seniors. To register for a program call 250-388-5251 or drop by the Centre in person. Pre-registration is required for all programs. The Front Desk hours are 8:30am-5pm, Monday to Friday. We are closed on statutory holidays and weekends, unless noted otherwise.

Payment is required at the time of registration and can be made by cash, cheque, credit card (VISA & MC), Debit or City of Victoria LIFE credits.

REGISTER EARLY TO AVOID DISAPPOINTMENT!

Programs may be cancelled or postponed if there are not enough registered participants. Decisions to run or cancel a program are usually made two days prior to the first class.

REFUND POLICY:

- For a full refund, request for withdrawal must be received at least 1 day prior to the first class.
- A full refund will be issued if BGCA cancels a program.
- If a participant withdraws after the first class, they will be refunded the pro-rated cost of the program.
- Withdrawing after the second or third class, the participant will be refunded the pro-rated cost of the program minus a \$5 administrative fee.
- No refunds for withdrawals after the lesser of the 4th class or 50% of the course has been completed.

GET IN TOUCH

Do you have an IDEA for a program that you would like to see offered at Burnside Gorge Community Centre? Are you an instructor interested in running a program with us? Call Vanessa Normore 250-388-5251 or email vanessa@burnsidegorge.ca.

FACILITIES

The Burnside Gorge Community Centre is located just outside downtown Victoria at 471 Cecelia Road, between Burnside Road East and Gorge Road East. Outdoor public facilities include the Cecelia Ravine Park, Sport Court and Bike Skills Park, adjacent to the Centre.

The Community Centre is readily accessible by public transit: buses #8, 11, 21 and 22 routes on Gorge Rd East, Jutland Rd and Burnside Rd East, run parallel or border Cecelia Road. It is also easily accessible by the Galloping Goose Trail, which is adjacent to the Centre.



Burnside Gorge Activity Guide

APRIL PROGRAMS

Programs do not run on Statutory Holidays and the schedule is subject to change without notice. All programs are by registration except XL Yoga and Family Programs. Please call 250-388-5251 to register.

ADULT HEALTH & WELLNESS

ZUMBA

Join us for one of the fastest growing Latin dance-inspired fitness crazes across the world! People of all ages are falling in love with its infectious music, easy-to-follow dance moves and body-sculpting benefits. Come dance to the rhythms of Salsa, Merengue, Mambo and other Latin beats. This is a fitness class you will not want to miss!

Wednesdays April 12 - June 28 6:00 pm - 7:00 pm 10/\$80
* No classes on April 26 and May 31

XL YOGA

Yoga for those living in large bodies taught by a person living in a large body. The benefits of yoga - increased balance, flexibility, stamina, and relaxation - are wonderful for everybody. We'll make the poses work for everyone using modifications and props (bolsters, blankets, and straps). Our classes are fun and light-hearted. Instructor Jill Moran

Thursdays April 6 - 27 7:00 pm - 8:00 pm 8/\$96
*Drop in available - \$15 per class

ESSENTRICS: MOBILITY, STRENGTH, FLEXIBILITY, RANGE OF MOTION



Essentrics is a full body workout that unlocks and decompresses joints by stretching and strengthening all 650 muscles without impact to the body.

The workout incorporates flowing movements designed to increase circulation with the benefits of elongating and lubricating connective tissues around muscles and joints. This unique, re-aligning, and rebalancing approach to body maintenance encompasses trademark sequences that lead to improved wellness, increased energy, and pain reduction.

Every time you come to an Essentrics class, you will enjoy fresh music playlists and new exercise sequences. There's no equipment needed for Essentrics, all that is required is a mat. Instructor: Junko Hammond

Tuesdays & Fridays April 4 - 27 9 am - 10 am Drop In-\$8 a class

GROOVE

This is not your typical dance class. This is also not your typical fitness class. In Groove, we celebrate all music and everyone's uniqueness. In Groove, you'll be dancing to a wide variety of music from classical to hip hop, country to dub step, and everything in between. Groove uses super simple moves to connect participants to the style of the music, and invites participants to explore these unifying movements, in their way. The best part? You can't get it wrong! Come and have a kitchen dance party! This class is good for all levels, modifications are provided. Instructors: Melanie Langman and Kristina Quinn

Monday April 3 6:15 pm - 7:45 pm one class/\$20

FOOT FOUNDATIONS WORKSHOP

In this workshop, we will explore our own understanding of what makes our foundation, and the role feet play. We will play with mobility, balance, and strengthening. This workshop is a mix of conversation, and practical. During the workshop, we will be exploring some barefoot activities. All levels welcome. Instructor: Melanie Langman

Monday April 17 & May 29 6:00 pm - 7:30 pm one class/\$20
*** same class offered on two different dates***

55+ PROGRAMS

SENIORS LUNCH AND LEARN

Socialize with other seniors in the community while enjoying a delicious and nutritious homemade meal. This program features a mix of guest speakers, social activities and theme activities during the holiday seasons. For more information please call the Community Centre, 250-388-5251.

April 6 - TBD
April 13 - Reiner Piehl - Musician
April 20 - TBD
April 27 - Indigineous Knowledge and Labour at the Cape Beale Lighthouse



FAMILY PROGRAMS

DROP-IN FREE PLAY (AGES 0-5)

Join us for free play hours at the Family Centre. This is an opportunity for young children and their parents to meet and play in a informal atmosphere with other children, toys, and books.

Mon, Tue, Wed, Fri 10 am - 12 pm Free & Drop-in

YOUTH PROGRAMS

The Society for Kids at Tennis (KATS, www.kidsatennis.ca) provides free tennis lessons and equipment to families experiencing financial barriers. Using the “progressive tennis” approach recommended by Tennis Canada, the KATS program uses smaller racquets, smaller courts, lower nets and low compression balls. This approach helps kids to develop confidence in their ability to hit the ball, learn quickly, and most of all, have fun playing the sport! To complete a registration form, please contact 250-388-5251. Please note, this tennis program takes place at Banfield Court on Craigflower Rd, next to Vic West Community Centre.

Tennis 5 - 8 year olds
Mondays April 17 - June 26 4:00 pm - 5:00 pm 10 classes/Free

Tennis 9 - 13 year olds
Mondays April 17 - June 26 5:00 pm - 6:00 pm 10 classes/Free
No class on Monday, May 22

COMMUNITY SERVICES

INCOME ASSISTANCE SUPPORT

Do you have questions about Income Assistance (IA) or Persons with Disability Assistance (PWD)? BGCA has an Employment & Assistance Worker from the Ministry of Social Development & Poverty Reduction who takes appointments at the Centre on Thursday afternoons. To book an appointment please call the Community Centre at 250-388-5251.

FREE LEGAL CLINIC

Legal advice is provided free of charge during 15-minute phone appointments on Tuesday afternoons. All legal questions welcome. Please call us to book an appointment, 250-388-5251.

COMMUNITY VOLUNTEER INCOME TAX PROGRAM

As part of the Canadian Revenue Agency’s Community Volunteer Income Tax Program we have volunteers that can assist those with simple tax filing for current and back dated tax years. We can help students, newcomers, persons with low income or older adults. For more info call 250-388-5251.

FACILITY RENTALS

Burnside Gorge Community Centre Room Rentals

We have a variety of rooms available to suit your needs, all offering wireless internet, tea & coffee service, and A/V equipment rentals and outstanding natural views! The Community Centre is centrally located on major bus routes and is accessible from the Galloping Goose Trail.

Activity Centre: 1665 sq. ft.	Education Centre: 605 sq. ft.
\$65/hr \$234/half day	\$55/hr \$198/half day
\$416/full day	\$352/full day

Group Room: max 10 guests	Board Room: max 10 guests
\$35/hr \$126/half day	\$35/hr \$126/half day
\$224/full day	\$224/full day

Call today to book or view our spaces, 250.388.5251 or email us at rentals@burnsidegorge.ca.



Keep Waste in its Place, Avoid Illegal Dumping

Submitted by CRD Environmental Services

Illegal dumping and abandoned waste are the result of improper disposal of unwanted items. This ends up being unsightly, encourages illegal dumping and sends a message that illegal activity is permissible in a neighborhood.

We’ve all seen materials left in boulevards with the hopes of having someone show up and take it. However, these materials are often damaged and end up being unusable. Think of that wet sofa you’ve seen left at the curb; it is unlikely to be picked up for reuse. Unfortunately, removal and disposal of abandoned waste often falls on our municipalities at the taxpayer’s expense – So, if you’re doing some spring cleaning or preparing to move, don’t abandon the items you no longer want. You can follow these five recommendations to plan for proper disposal!

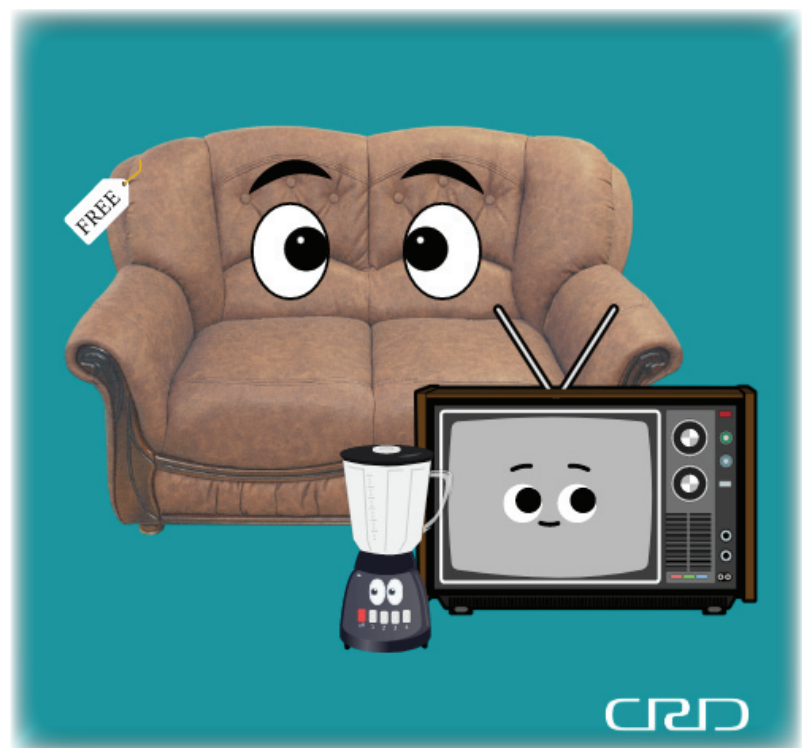
1. Does your item really need to be replaced? Reducing our consumption is the first step to reducing the amount of waste we create. You can make a huge difference by taking care of your items and prolonging their usable life.
2. Give your items a refresh! Updating the décor in your home? Give your outdated furniture a new look by repainting or re-staining old wooden furniture or upholstering your couch with a more modern fabric. This will make all the difference!
3. Find your usable items a new home. With technology we now have a broader reach from the comfort of our home. Advertise your materials for free on multiple online platforms and others in need of what you no longer want can do all the work to come and collect. Donate to local charities - depending on the items free pick up may be provided.
4. Can you recycle it? Most of the items we see abandoned can be recycled for free under various stewardship programs. A great example are electronics like Tv’s, vacuums, and small kitchen appliances- these can all be recycled. Find your closest depot on

<https://www.crd.bc.ca/service/waste-recycling/recycle/myrecyclopedic/products/Clothing-Textiles--reusable-condition->

5. It is time to say goodbye! Anything that cannot be reused or recycled should be properly disposed of at garbage facility in the capital region. You can make it easier by arranging a community disposal day with your neighbors and coordinate a shared visit and transportation to bring all the items at once.

Doing the right thing may not be as costly as you think! You can also help your neighborhood by reporting abandoned waste or witnessed illegal dumping to your local municipality. For more information, visit

www.crd.bc.ca/dumping



The centre will be closed on Friday,
April 7 and April 9 for Easter
Holiday



Burnside Gorge - Land Use Updates

The BGCA's Land Use Committee (LUC) plays a critical role in all applications for rezoning in the Burnside Gorge Neighbourhood.

BURNSIDE GORGE LAND USE

Everyone welcome! The BG Land Use Committee meets once a month to discuss land use and related topics, or as needed when there are development proposals in the neighbourhood. Upcoming meetings are listed below. Please email lucchair@burnsidegorge.ca if you are interested in attending these meetings and/or joining the CALUC.

496 Cecelia Road Update

Construction is now in the framing stage for this project. This unique partnership with the City of Victoria and School District No. 61 proposes 88 units of affordable rental housing. The ground floor will also house a child care centre with 60 new child care spaces.

DEVELOPMENTS TO WATCH

All development applications within the City can be tracked here:

<https://www.victoria.ca/EN/main/residents/planning-development/development-tracker.html>

You can filter by neighbourhood to see what is happening in Burnside Gorge. The following new developments are posted on the City's Development Tracker, but keep an eye on the link about these following proposals or new proposals:

1824-2010 Store Street & 530 Chatham Street

Additional information about this development has now been posted on the Development Tracker. A community meeting was held on October 12th to hear a preliminary proposal by Reliance Properties for a rezoning of the Capital Iron property. This is a large development including the relocation of the Greater Victoria Art Gallery to this site.

Rock Bay District

The City of Victoria has selected a working group for workshops to develop visions for the Burnside Gorge area between Chatham Street and Bay Street. This area is being planned as an Arts and Innovation District as outlined in the Victoria 3.0 Plan.

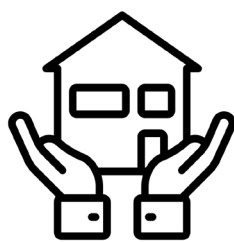
<https://www.victoria.ca/EN/main/business/economic-development.html>

129-135 Gorge Road East

A community meeting was held for a presentation on this proposal for a rental and condominium development. A majority of the community feedback was in opposition to this proposal. The applicant has stated they will be reconnecting with the neighbourhood. After review and presentation to Council it will go to a public hearing.

2619 Douglas Street

A community meeting was held for a presentation on this proposal for a 12 storey rental project behind the old Victoria Press Building. The objections focused on the lack of parking for this project.



Calendar Listings

Spring Festival

Spring has sprung! Celebrate the spring with this free family event that offers a bouncy house, face painting, games, prizes, crafts, cookie decorating, and more.

Date: Saturday, April 1, 2023

Time: 2 - 4 pm

Location: Monterey Recreation Centre (1442 Monterey Avenue)

The Makers Monthly Market

Join the Market Collective and 40+ local & handmade artisans on the first Saturday of the month. This is a free event to attend. Find makers in the centre court and on level 2.

Date: Saturday, April 1

Time: 10 am - 6 pm

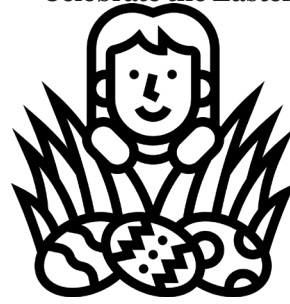
Location: Bay Centre, (1150 Douglas St.)

<https://www.chatterblock.com/events/364548/the-makers-monthly-market/>



Saanich Kids' Easter Egg Hunt

Celebrate the Easter season at Saanich Kids' annual Easter egg hunt! Don't forget to bring your own basket!



Date: Saturday, April 8

Time: 10 am - 12 pm

Location: Copley Park East

<https://www.saanichbaptist.org/events/easter-egg-hunt--449/2023-04-08>

Easter Egg Hunt 2023 - Fairfield United Church

Fairfield United Church is having its annual Easter Egg Hunt at Robert Porter Park. There will be songs, hunt for some eggs in age-appropriate groups and some candy!!! Caregiver supervision is required for all children. Don't forget to bring your own Easter basket! The hunt will happen rain or shine.

Date: Saturday, April 8

Time: 11 am - 12 pm

Location: Robert Porter Park

<https://fairfieldunitedchurch.com/events/ap90pmdjtypxlkkyh706pmycohd9>

Esquimalt Lions Easter Extravaganza

This event includes entertainment, food, crafts, face-painting, and of course, a massive Easter Egg Hunt. Great event for the whole family!

Date: Sunday, April 9

Time: 12 - 3 pm

Location: Gorge Park (by the Gorge Waterway Nature House)

<https://www.esquimalt.ca/community-events/events-listing/calendar/lions-easter-eggstravaganza>

Beginner Birding Basics (Self-Guided Walk)

Join CRD Regional Parks naturalists at Elk/Beaver Lake Regional Park for a self-guided walk about birding. Follow the panels to learn about what to look and listen for when identifying the birds in the area. You can drop by anytime between 11am - 2pm.

Date: Sunday, April 9

Time: 11am - 2pm

Location: Elk/Beaver Lake

<https://www.crd.bc.ca/about/events>

Kidovate Youth Entrepreneurship Market

Kidovate is a free market where middle school and high school students can sell goods that they have made or acquired or services that they offer, to customers visiting The Bay Centre in downtown Victoria. The program aims to foster an entrepreneurial spirit, develop business acumen and instill a sense of corporate social responsibility at an early age.

Date: Saturday, April 15

Time: 10 am - 4 pm

Location: Bay Centre (1150 Douglas St.)

https://www.eventbrite.ca/e/kidovate-youth-entrepreneurship-market-tickets-515058813777?aff=ebdssbdestsearch&keep_tld=1

Gardening in Small Spaces: Palenke Greens Sack Gardens

Palenke Greens are small-scale vertical gardens using an African burlap sack garden technology. In this workshop, you will learn this affordable and accessible gardening technique to be able to produce fresh veggies in small spaces. Instructor: Ariel Reyes, Iy  Creative

Date: Sunday, April 29

Time: 1-3 pm

Location: Summit Allotment Garden, 955 Hillside Ave.

To register please see the link below

<https://www.victoria.ca/assets/Departments/Parks-Rec-Culture/Recreation/Documents/Rec%20Spring%202023%20Growing%20in%20the%20City%20FINAL.pdf>

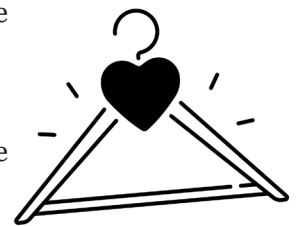
Garage Sale

Thrift for a good cause! This fundraising garage sale will happen for two days and all the money raised will go to people who effected by the earthquake in Turkiye The sale will include a bake sale as well, if you want to taste some Turkish pastries make sure to be there early!

Date: Saturday, April 29 - Sunday, April 30

Time: 10 am - 4 pm

Location: Braefoot Park Centre (1359 Mckenzie Ave.)



Do you have an upcoming event or activity?

Send submissions to

info@burnsidegorge.ca

or call us at 250-388-5251!