



Burnside Gorge
Community News

October 2022
www.burnsidegorge.ca

Urgent & Primary Care Centre Opens on Gorge Rd.

The Gorge Urgent & Primary Care Centre (UPCC) opened on Monday, September 19. With a dearth of primary care providers in the area it couldn't come at a better time. The Gorge UPCC provides team-based care for non-emergency health concerns to individuals in Victoria. Same day appointments can be booked for non-emergent health concerns such as minor injuries, sprains and strains, less serious child illness and injury, infections, and cuts, wounds or skin conditions.

It's recommended to call in the morning for a same-day appointment. Phone lines open at 8:00 a.m. each morning and the Care Centre is open from 8 a.m. – 8 p.m. daily. To learn more about the many services and practitioners available on site please see:

<https://www.islandhealth.ca/our-locations/hospitals-health-centre-locations/gorge-urgent-and-primary-care-centre>

Calling All Halloween Houses

We want to celebrate all of the great things about Burnside Gorge and one of the very best things is the many folks who live here who strive to bring and share joy with their neighbours!

Do you have a halloween house? Do you go all out with seasonal decorations? Are you a master pumpkin carver? Let us know, better yet send pics (rachel@burnsidegorge.ca). We would love to feature you in the next issue!



Monster Mash - Save the Date

Join us on Thursday, October 27, from 5-7 pm for a SPOOK-TACULAR evening of ghoulish family fun at our Halloween Monster Mash!

There will be music, games and outrageous prizes! Don't forget your costume!

Admission: \$2/person & \$5/family (up to four immediate family members, \$2 each additional family member). Price includes hotdog, chips and a juice box.

Registration is required, call today to sign up, 250-388-5251!

Where & When to Vote in Victoria's 2022 Election

General Voting Day for the City of Victoria's 2022 Local Government Election is Saturday, October 15 from 8 a.m. to 8 p.m.

Eligible voters in the City of Victoria will vote to elect candidates for a four-year term for the following roles:



- 1 Mayor
- 8 Councillors
- 9 School Trustees (School District 61)
- 3 CRD Directors (of the 18 councillor candidates who have chosen to run)

General Voting Day

Eligible voters can vote at ANY of the following locations on General Voting Day, Saturday, October 15, 2022 from 8 a.m. – 8 p.m.

- Central Baptist Church - 833 Pandora Avenue
- Central Middle School - 1280 Fort Street *An accessible voting machine will be available
- Cook Street Village Activity Centre - 380 Cook Street
- George Jay Elementary School - 1118 Princess Avenue
- Glenlyon Norfolk School - 781 Richmond Avenue
- James Bay Community School - 140 Oswego Street
- James Bay New Horizons Centre - 234 Menzies Street
- Margaret Jenkins Elementary School - 1824 Fairfield Road
- Oaklands Elementary School - 2827 Belmont Avenue
- Quadra Elementary School - 3031 Quadra Street
- Sir James Douglas Elementary School - 401 Moss Street
- SJ Burnside Education Centre - 498 Cecelia Road
- Victoria West Elementary School - 750 Front Street

Advance Voting

Advance voting opportunities are open to ALL eligible electors.

- Wed Oct 5, 8 a.m. - 8 p.m., Victoria City Hall, 1 Centennial Square
- Fri Oct 7, 9 a.m. - 6 p.m., Our Place, 919 Pandora Avenue
- Tues Oct 11, 8 a.m. - 8 p.m., Victoria City Hall, 1 Centennial Square *An accessible voting machine will be available
- Tues Oct 11, 8 a.m. - 4 p.m., UVic Student Union Building, 3800 Finnerty Road
- Wed Oct 12, 9 a.m. - 6 p.m., Victoria City Hall, 1 Centennial Square *An accessible voting machine will be available

Request a Mail Ballot

Anyone eligible to vote may request a mail ballot by filling out an online request form. You can also request a mail ballot by calling 250.361.0571.

Mail ballot packages will be available for pick up at City Hall or sent out by mail starting September 26. The last day a mail ballot package can be returned by mail is Thursday, October 6. After Thursday, October 6, do not put your mail ballot in the mail. You can return your mail ballot to:



- the drop box located outside the Pandora Avenue entrance of Victoria City Hall
- any of the 13 voting places on General Voting Day
- any of the five advance voting opportunities

The City of Victoria must receive your mail ballot by 8 p.m. on Saturday, October 15 in order to be counted.

General Information

For more information on candidates, voter locations and election information in multiple languages please see:

<https://www.victoria.ca/EN/main/city/local-government-election.html>



October 2022

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The Burnside Gorge Community Association
471 Cecelia Road, Victoria, BC V8T 4T4
Phone: 250-388-5251
Website: www.burnsidegorge.ca

Note: Written contributions do not necessarily reflect the opinions of the BGCA or its staff.

BGCA Board of Directors

Greg Arnold, Treasurer
Elizabeth Cull, Chair
Kirsten Mah, Director
Michelle Peterson, Secretary
Corinne Saad, Director
Avery Stetski, Vice-Chair

To Advertise

Establish yourself as a community supporter with an ad in your community newsletter.

The deadline to purchase ad space is the 15th of each month prior to the month of publication. Please contact us for current rates.

Contributions

The BGCN welcomes submissions. Submissions are subject to editing as required for clarity and brevity. Please note that submission does not guarantee publication. Contact us for submission guidelines and deadlines.

Editor: Rachel O'Neill

Email: rachel@burnsidegorge.ca

Phone: 250-388-5251

**About us**

Founded in 1991 in response to community need, the Burnside Gorge Community Association provides a continuum of programs and services that strengthen the lives of children, youth and families in Greater Victoria.

Programming includes: a range of childcare programs for ages 3-5 to 11; community and school based youth and family services; housing and asset development supports for youth and families; community recreation and special events for all ages; and a variety of community development initiatives.

As a non-profit organization, we rely on the support of individuals, businesses and partner organizations to continue providing a high level of service to our communities. If you're passionate about the work that we're doing there are a number of ways that you can get involved.

Join our team!

Want to join a fun and dynamic team? BGCA is a great place to work. To see current opportunities please see our website at:

<http://www.burnsidegorge.ca/opportunities/employment>

Volunteer!

Do you have some time to spare and a passion for community? We're always looking for volunteers to help out. Current opportunities are listed at:

<http://www.burnsidegorge.ca/opportunities/volunteer>

Become a member!

Are you interested in being a part of our mission? Become a member and take an active role in shaping our community. For more information contact the BGCA directly at:

info@burnsidegorge.ca

Burnside Gorge Graffiti Fighters

-OWN YOUR BLOCK-

The Burnside Gorge Graffiti Fighters are a small team of neighbours working to make Burnside Gorge a better place by removing graffiti from our neighbourhood. We're looking for new recruits! We believe if each person or couple of people adopt a street or block we could maintain the neighbourhood free of graffiti.

Graffiti isn't just ugly: left unaddressed it invites more graffiti till eventually the neighbourhood looks uncared for. People who live in the area feel less happy, comfortable and secure on their streets. The change from simply defaced to dangerous happens as people stop walking and moving in an area and abandon the streets to those who feel they can be destructive with impunity. The solution is for each of us to reclaim our streets.



You may have seen graffiti on the power poles and utility boxes in Burnside Gorge. Rather than looking away, some volunteers have picked up kits from the Burnside Gorge Community Centre to clean up and paint over the unsightly marks in our public areas. There has been a remarkable change on the streets in just a few weeks. One of the positives is that the people doing the graffiti removal are having fun while making the streets look better!

If you would like to become a part of the solution, contact our group at graffitifighters@burnsidegorge.ca and we'll provide you with the kit, a partner to show you what to do and the information to get your block graffiti free. Join our group of enthusiastic neighbours and feel better and better about your neighbourhood in Burnside Gorge.

Family Self-Sufficiency (FSS) is currently accepting applications!

The FSS Program can support you to...

- Start saving with a matched savings program
- Gain more control of your money
- Face your financial fears and move forward
- Begin a debt reduction plan and reduce your debt
- Access supports that will assist you and your family as you move towards a brighter future

Are You:

- Receiving an eligible housing subsidy?
- Living with at least one dependent child?
- Surviving on a low income?
- Feeling overwhelmed about money?
- Struggling with debt?
- Worried about your finances?



We can help! Call the FSS program today at 250-388-5251
or visit www.burnsidegorge.ca to find out more.

CENTENNIAL UNITED CHURCH
621 David St.



Now offering in-person and live-streaming services at 10:55 am.
Prelude begins at 10:45 am.

For more info please call 250-384-6424
or visit www.cucvictoria.com

Burnside Gorge

FSS is generously funded by:



IslandSavings
COMMUNITY ENDOWMENT



BURNSIDE GORGE COMMUNITY CENTRE RECREATION PROGRAMS

PROGRAM REGISTRATION

We have an exciting line-up of programs for all ages, from toddlers to seniors. To register for a program call 250-388-5251 or drop by the Centre in person. Pre-registration is required for all programs. The Front Desk hours are 8:30am-5pm, Monday to Friday. We are closed on statutory holidays and weekends, unless noted otherwise.

Payment is required at the time of registration and can be made by cash, cheque, credit card (VISA & MC), Debit or City of Victoria LIFE credits.

REGISTER EARLY TO AVOID DISAPPOINTMENT!

Programs may be cancelled or postponed if there are not enough registered participants. Decisions to run or cancel a program are usually made two days prior to the first class.

REFUND POLICY:

- For a full refund, request for withdrawal must be received at least 1 day prior to the first class.
- A full refund will be issued if BGCA cancels a program.
- If a participant withdraws after the first class, they will be refunded the pro-rated cost of the program.
- Withdrawing after the second or third class, the participant will be refunded the pro-rated cost of the program minus a \$5 administrative fee.
- No refunds for withdrawals after the lesser of the 4th class or 50% of the course has been completed.

GET IN TOUCH

Do you have an IDEA for a program that you would like to see offered at Burnside Gorge Community Centre? Are you an instructor interested in running a program with us? Call Vanessa Normore 250-388-5251 or email vanessa@burnsidegorge.ca.

FACILITIES

The Burnside Gorge Community Centre is located just outside downtown Victoria at 471 Cecelia Road, between Burnside Road East and Gorge Road East. Outdoor public facilities include the Cecelia Ravine Park, Sport Court and Bike Skills Park, adjacent to the Centre.

The Community Centre is readily accessible by public transit: buses #8, 11, 21 and 22 routes on Gorge Rd East, Jutland Rd and Burnside Rd East, run parallel or border Cecelia Road. It is also easily accessible by the Galloping Goose Trail, which is adjacent to the Centre.



Burnside Gorge Activity Guide

FALL PROGRAMS

Programs do not run on Statutory Holidays and the schedule is subject to change without notice. All programs require registration. Please call 250-388-5251 for the most current info or to register.

FAMILY PROGRAMS

WIGGLES & GIGGLES (AGES 0-5)

Join us for active play in the Activity Center. Get the wiggles out with this interactive program that includes ride on toys, kids' hockey and basketball, balance beams and lots of fun! The program provides opportunity for movement, and free play. Parent participation required. The first hour is active play followed by snack and cool down in the Family Centre.

Mondays Oct 3 & 17 - 31 9:30am - 12pm Free

LOVE 2 LEARN (AGES 0-5)

Centred on fun, engaging, play-based learning Love 2 Learn focuses on making early learning activities transferable to the home environment. Weekly sessions will involve a story and share time as well as an activity kit to make and take home. At the end of each session families will set a goal to achieve during the week and explore it during the following group. Sessions will be held in the Family Centre.

Tuesdays Oct 4 - 25 9:30am - 12pm Free

TODDLER ARTS & CRAFTS (AGES 0-5)

Explore your creative side! Each week features a different craft designed with the toddler/preschooler in mind. Creative activities can be messy, so please ensure children are dressed appropriately. Parent participation is required.

Wednesdays Oct 5 - 26 10am - 12pm Free

COMMUNITY DINNER @ BURNSIDE GRILL

Enjoy a nutritious meal with your family and meet other members of your community. Families need to register for dinner before Wednesday 4pm by calling the front desk at: 250-388-5251. Advise if you are Vegetarian when registering.

Thursdays Oct 6 - 27 5 - 6 pm By donation

PARENT & TOT PLAY TIME

This is an opportunity for young children and their parents to meet and play in a informal atmosphere with other children, toys, and books.

Thursdays Oct 6 - 27 5:30 - 7pm Free

OPEN PLAY GROUP

Come and meet other parents/caregivers over a cup of coffee. We provide a safe space for conversation and peer support.

Fridays Oct 7 - 28 10am - 12pm Free

STEM KIDS

MINECRAFT MODDING - BEGINNER LEVEL (7-9 YRS)

An OP Sword? Well then we need OP Armor as well! Wait, why have all the entities stopped moving? Quick Attack! Oh no! We've summoned too many Ender Dragons! And SO MUCH MORE! Participants will transform the way they experience the game by learning how to mod by creating different custom objects. Using blockly coding they will program and test each mod they create thus adding a new level of gameplay to their Minecraft experience. Participants should already have some experience with the world of Minecraft. No prior coding/programming experience is necessary.

Fridays Nov 18 - Dec 16 3:30 - 5:00 PM 4/\$60

*no class Dec 2



ADULT HEALTH & WELLNESS

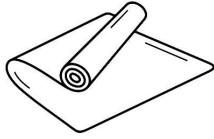
T'AI CHI

Focus on your health, your well being, and reduce your stress with the Yang- Style T'ai Chi. Using relaxation as the key principle, T'ai Chi involves gentle, low impact movements that develops grounding, flexibility, and balance. Headed by instructor Lee McLeod, his 25 years of teaching the Cheng Man-Ch'ing short form, will lead the class through 37 movements and follow through gentle corrections and encouragements. Beginners welcome.

Thursday	Oct 13	3 - 4 PM	1/\$8 (Trial Class)
Thursday	Oct 20	3 - 4 PM	1/\$8 (Trial Class)
Thursdays	Oct 27 - Dec 15	3 - 4 PM	8/\$64

XL YOGA

Yoga for those living in large bodies taught by a person living in a large body. The benefits of yoga - increased balance, flexibility, stamina, and relaxation - are wonderful for everybody. We'll make the poses work for everyone using modifications and props (bolsters, blankets, and straps). Our classes are fun and light-hearted. Instructor Jill Moran



Thursday	Sept 22 - Nov 10	7 - 8 PM	8/\$96
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ZUMBA

Join us for one of the fastest growing Latin dance-inspired fitness crazes across the world! People of all ages are falling in love with its infectious music, easy-to-follow dance moves and body-sculpting benefits. Come dance to the rhythms of Salsa, Merengue, Mambo and other Latin beats. This is a fitness class you will not want to miss!

Wednesdays	Sept 21 - Nov 8	6 - 7 PM	8/\$64
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55+ PROGRAMS

SENIORS LUNCH AND LEARN

Socialize with other seniors in the community while enjoying a delicious and nutritious homemade meal. This program features a mix of guest speakers, social activities and theme activities during the holiday seasons. For more information please call the Community Centre, 250-388-5251.



Thursdays	12pm - 2pm	\$5 /Lunch
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COMMUNITY SERVICES

INCOME ASSISTANCE SUPPORT

Do you have questions about Income Assistance (IA) or Persons with Disability Assistance (PWD)? BGCA has an Employment & Assistance Worker from the Ministry of Social Development & Poverty Reduction who takes appointments at the Centre on Thursday afternoons. To book an appointment please call the Community Centre at 250-388-5251.

FREE LEGAL CLINIC

Legal advice is provided free of charge during 15-minute phone appointments on Tuesday afternoons. All legal questions welcome. Please call us to book an appointment, 250-388-5251.

COMMUNITY VOLUNTEER INCOME TAX PROGRAM

As part of the Canadian Revenue Agency's Community Volunteer Income Tax Program we have volunteers that can assist those with simple tax filing for current and back dated tax years. We can help students, newcomers, persons with low income or older adults. For more info call 250-388-5251.

FACILITY RENTALS

**Burnside Gorge Community Centre
Room Rentals**

We have a variety of rooms available to suit your needs, all offering wireless internet, tea & coffee service, and A/V equipment rentals and outstanding natural views! The Community Centre is centrally located on major bus routes and is accessible from the Galloping Goose Trail.

Activity Centre: 1665 sq. ft. \$65/hr \$234/half day \$416/full day	Education Centre: 605 sq. ft. \$55/hr \$198/half day \$352/full day
Group Room: max 10 guests \$35/hr \$126/half day \$224/full day	Board Room: max 10 guests \$35/hr \$126/half day \$224/full day

Call today to book or view our spaces, 250.388.5251 or email us at rentals@burnsidegorge.ca.

FOR MAYOR:

Marianne ALTO

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Authorized by Greg Teuling, financial agent 250-383-6239

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Donate to Coats for Kids

We are collecting new and clean, gently used winter coats for kids in need, for children ages 5+ and teenaged youth. We would also be grateful for boots, snowsuits, snow pants, mitts and scarves. Please drop your donations off at the Community Centre, 471 Cecelia Rd. For more information, call us at 250-388-5251.



**The Community Centre
will be closed on Monday, Oct 10.
Happy Thanksgiving**



Growing in the City

It's the #YearOfTheGarden and there is a fresh Fall lineup for Growing in the City programs from the City of Victoria to help you settle into the season.

There's something for everyone, from gardening classes, to walking tours, to community events. Check out the Community Recreation and Growing in the City programs to get your Fall nature fix, build your garden skills, and grow community.

Planning A Community Orchard - Oct 15, 1-3 pm – free

Do you wish there were more fruit and nut trees in your neighbourhood? Do you dream of cultivating abundance in public spaces? Come to this workshop to make your dreams come true!

A Day with Birds of Prey - Oct 22, 10:30 a.m.- 4 p.m. - \$60

Join us for a trip to the Raptor Centre in Duncan where we'll see a raptor flying demonstration and observe eagles, hawks, owls and falcons on a guided tour.

Learning on the Land with PEPÁKEN HÁUTW - Nov 1, 9 am-3 pm - \$50

Immerse yourself in cultural and ecological learning and leave the driving to us.

Guided Mushroom Hunt - Nov 11, Noon-4:30 p.m. - \$25

Take a walk through one of our region's beautiful parks with experienced mushroom hunters to learn the basics of identifying some common mushrooms and enjoy a fun foray with fellow fungal friends!

How to Start an Urban Farm - Nov 22, 4-6 pm – free

Network and learn about local resources for future food producers.

Urban Ecology Walk: Birding - Nov 20, 1-3 pm – free, register

Take a Sunday stroll and ground yourself in the outdoors, together in community.

For more information on pick up locations, registration, and additional offerings please see:

<https://www.victoria.ca/EN/main/residents/recreation.html>

Oct 24-28 is Media Literacy Week

Submitted by MediaSmarts

Media Literacy Week (MLW) is an annual national event hosted by MediaSmarts in partnership with the Canadian Teachers Federation to promote digital media literacy, with activities and events taking place in classrooms, libraries, museums and community groups from coast to coast to coast. MediaSmarts is a Canadian not-for-profit centre for digital media literacy. Its vision is that all Canadians have the critical thinking skills to engage with media as active and informed digital citizens. Last year more than 115 collaborators participated in Media Literacy Week, with that number climbing every year!

Each day of Media Literacy Week is celebrated by highlighting one of five different aspects of digital media literacy- use, understand, engage, access, and putting a special focus on skills to verify online information. Use represents the skills needed to use media, computers, and the internet safely and effectively. Understand is the set of skills that help us comprehend, contextualize, and critically evaluate digital media so that we can make informed decisions about what we do and encounter online. Engage is all about making and using media to express yourself and participate in online communities.

Access involves safely and ethically finding and navigating media. And finally, verify represents the importance of finding out if online content is accurate and reliable.

This year on October 26th, MediaSmarts is also excited to introduce the first annual Digital Citizen Day to Media Literacy Week! Digital citizenship is the ability to navigate our digital environment in a way that's safe, responsible, and respectful in these spaces. Digital Citizen Day encourages all Canadians to share what it means to be a digital citizen using #DigitalCitizenshipDay online. There are many ways that we can all be responsible digital citizens and help build a better online world including using digital tools to be active citizens, being mindful of how we use digital media, checking reputable sources before sharing info, and using tools, settings and preferences to manage online privacy.

Whether you're a community organizer, educator or simply an engaged citizen, join us from October 24-28, 2022 to spread the word about the importance of digital media literacy and what it means to be a digital citizen in our online world. If you're interested in becoming a collaborator and participating in Media Literacy Week this year, fill out this form at <https://forms.office.com/r/7gRUnBRK2b> or email us at mlw@mediasmarts.ca to let us know what you're planning for 2022!



Cool Beans Coming Soon

Submitted by Victoria Cool Aid Society



Cappuccino? Extra hot mocha? Black with two sugars?

We are caffeinated and ready to share that later this year, Cool Aid will open **Cool Beans**, a social enterprise café at our new 210 Gorge Road housing site!

We will be partnering with The Mustard Seed Street Church on one of our coffee blends with proceeds benefiting both organizations.

Stay tuned for an invite to our Cool Beans open house!



Pictured here are Lori, Tracey, Paul, and Patti tasting different blends and choosing the best beans over at our friends' Oughtred Coffee & Tea Ltd.

7 ways to save money and reduce household food waste.

Submitted by CRD Environmental Services

With prices on the rise in the capital region, many of us are feeling the pinch. Grocery shopping is one part of our day-to-day life where there are plenty of opportunities for savings— and there's an added bonus to shopping smarter: less food waste!

The average Canadian household wastes 140kg of food per year, that adds up to roughly \$1,100! Reducing food waste not only saves you money at the grocery store, it also reduces greenhouse gas (GHG) emissions in region and saves vital airspace at Hartland Landfill.

7 ways to waste less food and save more money:

1. Design your meal plan based on what is on sale – Take a look at grocery store flyers before you meal plan for the week to see which foods are on special. Two for one cauliflower is on sale? Be sure to include multiple recipes that use cauliflower so it doesn't go to waste.
2. Make a list, and stick to it – Write your shopping list in conjunction with your meal plan. You'll be less likely to forget anything and you'll also find that you're less likely to go off-plan with impulse buys.
3. Create a food shopping routine – Whether that's planning meals and your shopping list on the same day each week, keeping a list handy on your phone for when things spring to mind, or booking in a regular online delivery – find a rhythm that works for you.
4. Look at the labels – Best before and expiry dates can be complicated, and when misunderstood can lead to food waste and extra spending.
5. Shop at the end of the day – You might find that there are clearance bargains to be had as still perfectly good fresh food approaches the date on the label. Even if you can't use it straight away, it's still great for freezing. Pro tip: you can freeze right up to the use by date!
6. Buy one or two products that help you use leftovers – Invest in one or two inexpensive items to help make the most of your leftovers. For example, tasty stock cubes or pastes can turn leftover veggies into a lovely soup, and rice or potatoes will help you make a meal out of leftover chili or curry.
7. Store your food properly – To ensure what you bought from the grocery store doesn't spoil remember to store it in the correct section of your fridge and learn how long food items typically last.

For more tips on how to save money and reduce food waste, please visit www.crd.bc.ca/lovefood



Join the BGCA Team

CURRENT OPENINGS:

- Integrated Family Services Team Leader (full-time)
- Family Services Worker (temporary, full-time)
- Housing Outreach Worker (full-time)
- Youth Service Worker (full-time)
- Childcare Leaders (part-time)
- Supported Childcare Workers (part-time)

Full job descriptions and application details can be found at:

<http://www.burnsidegorge.ca/opportunities/employment>

About Us

We are a group of (com)passionate, enthusiastic, hardworking people who also know how to have fun. Our teams are deeply committed to serving the children, youth, families and seniors in our community as best as they can and helping and caring for each other as well.

Gorge Waterway Cleanup 2022

The sun was shining, the tide was low as volunteers came out on Saturday, Sept 24th for the annual Gorge Waterway Cleanup! It was a great day to kick start the fall season!

Volunteers scoured the shoreline, trails, green space and sea bed collecting and removing garbage!

A gigantic THANK-YOU to all that came out to support the event. The Ecological health and continued preservation of our Gorge Waterway continues to thrive as a result of your selfless efforts!

Thank-you to our generous sponsors and supporters: Ellice Recycle, Victoria Harbour Ferry, Soupa Cafe, Irene's Bakery, CRD and United Rentals Victoria.



Glorious Gardens at Chown Place

Thank you to the gardeners at Chown Place who grew such beautiful flowers!



Is there something great going on in the neighbourhood? Let us know, rachel@burnsidegorge.ca.

Calendar Listings October 2022

Outdoor Family Storytime

Thurs, Sept 29 & October 6, 10:30-11:00am

Greater Victoria Public Library is offering fun-filled stories, songs, rhymes, and puppets for young children and their families. Children must be accompanied by an adult. Drop-in. Feel free to bring a blanket or something comfortable to sit on.

There are two locations to choose from:

James Bay: Meet at Irving Park, James Bay, 250 Menzies Street

Saanich: Meet at Brodick Park, 1040 McKenzie Avenue. Storytimes at Brodick Park are followed by a self-guided, 60-minute StoryWalk from 11:00 am-12:00 pm.

Intro to Drop Spinning

Sat, Oct 1, 3:30-5pm

Learn the basics of spinning wool on a drop spindle. You will learn about the properties of wool, the different types of yarn you can create, and how to properly finish you skein so that it is usable.

Knotty by Nature Fibre Arts, 1919 Fernwood Rd

<https://www.kbnfibres.ca/event-details/intro-to-drop-spinning-saturday-october-1st-45>

Victoria Harbour Ferry Water Ballet

Oct 1, 2, 8-10, 10:45-11:15am

Free Family Fun! Come watch as the Victoria Harbour Ferries set out to test their abilities by creating a synchronized performance. With no passengers on board, the captains are able to push their little boats to the limit, making them twirl around the water in and out of beautifully choreographed sequences.

<https://www.eventbrite.com/e/victoria-harbour-ferry-water-ballet-tickets-351192826197>

Victoria Scavenger Hunt-Operation City Quest

Multiple dates throughout Oct.

Take a tour of the city in the most unique way with Victoria Operation City Quest! Take a tour of the city in the most unique way with Victoria Operation City Quest! The scavenger hunt adventure game is all walking, and perfect for family fun and team-building activity. Cost: \$13.50. 1 Centennial Sq, Victoria, BC

<https://www.eventbrite.ca/e/victoria-savenger-hunt-operation-city-quest-tickets-167813345233>

Deadly Victorian Household Goods Tour

October 8th & 22nd, 11am-12pm

LIMITED TICKETS AVAILABLE

Everyday objects can sometimes harbour deadly secrets. Join staff for a specially curated tour of Point Ellice House as we explore the danger that lurks inside a Victorian home.

Ticket includes general admission to the Historic House, Heritage Gardens, and Feature Exhibit. All will be open from 12-4pm following the tour. For more info: <https://pointellicehouse.com/events/>

Curator's Tour:
Deadly Victorian Household Goods
 OCTOBER 8 & 22 | 11AM-12PM



Everyday objects can sometimes harbour deadly secrets. Join staff for a specially curated tour of Point Ellice House as we explore the danger that lurks inside a Victorian home.

LIMITED TICKETS AVAILABLE
 Regular Price: \$20 | Annual Supporter Rate: \$15

Halloween Market

Saturday, October 15, 2022, 11am-4pm

The spookiest market of the season! Come by and see the vendors and their amazing wares! There will be items from the spooky to the sweet available.

Fernwood Community Centre, 1240 Gladstone Ave

Admission by donation to the Victoria Therapeutic Riding Association.

<https://www.facebook.com/events/fernwood-community-centre/halloween-market/1205984010186180/>

Esquimalt Clothing & Toy Exchange

Sat, Oct 22, 10am-2pm

Esquimalt Clothing & Toy Exchange, everyone welcome. Esquimalt United Church, 500 Admirals Rd

<https://parkbench.com/event/esquimalt-clothing-toy-exchange-2>

North Park Multicultural Festival

Sunday, Oct 23, 10:30am-1:30pm

This is a FREE family-friendly event where diverse communities gather and share culture through performances, arts, food, kids activities, and much more! Support local, try unique hand-crafted goods, and meet food producers, performers, & artisans from your community. Dogs on leash ARE allowed into the market space. Wheelchair, stroller, and walker accessible, washrooms located on site. Royal Athletic Park, 1014 Caledonia

<https://www.facebook.com/events/501471728022311/501471741355643>

Crafted Farmhouse Market

Friday October 28, 5-9pm & Saturday October 29, 10am-5pm

Enjoy a unique market experience! Local live music, different flavors of food trucks, local handcrafted curators, sweet treats, and a fun, friendly vibe. Featuring handmade, sustainable, & small batch from local designers and artisans. \$5 cash admission at the door

Mary Winspear Centre, Sidney

<https://www.facebook.com/events/391500582811234/391500586144567>

By Donation: Canning Swap

Sat, Oct 29, 10am-12pm

Come share recipes, ideas, and tips on homemade goods and participate in a canning swap at the Compost Education Centre, 1216 North Park St

<https://www.eventbrite.ca/e/by-donation-canning-swap-tickets-210177244797>

Family Craft Creation - Halloween Howl

Sat, Oct 29 from 10am to 11:30am

Head out to Panorama Rec for a spooky day to make a howling Halloween themed craft with your child, grandchild, niece or nephew! Our instructor will take you step by step through the craft and everyone will get to leave with their haunting new creation! Registration will include crafting supplies for 1 child and 1 adult. Suitable for 3-8 yrs.

<https://www.chatterblock.com/events/348606/family-craft-creation-halloween-howl/>

Disco Tots - Little Monster's Ball

Sat, 29 October 2022, 1:30 PM - 4:30 PM

Are you ready to dance to all your favorite Halloween hits with DJ Jade Nixon? Bring your little ones and Grandparents! It'll be fun!

Juan de Fuca Senior Citizens Association, 1767 Island Highway

<https://www.eventbrite.com/e/disco-tots-little-monsters-ball-tickets-409383124947>

Haunted Doll Hunt

Halloween Weekend: October 29th & 30th 2022 | 12pm-4pm

Point Ellice House is filled with lifetimes of family belongings, and this time of year, the dolls like to come out to play... Visit Halloween weekend to see where they are hiding. Come show us your costume, and find all our dolls to earn a treat! Admission by donation.

<https://pointellicehouse.com/events/>

Bike to Work

Fall 
GoByBike
Week 2022

OCTOBER 3RD - 9TH
 GREATER VICTORIA, BC

OVER \$15,000 IN
 PRIZES TO BE WON

FREE REGISTRATION: GoByBikeBC.ca





Do you have an upcoming event or activity? Send submissions to

info@burnsidegorge.ca

or call us at 250-388-5251!