

# Burnside Gorge Community News

July 2022  
www.burnsidegorge.ca

## Burnside Boutique Grand Opening - July 16!!

We are super excited to announce that the BGCA is opening a thrift store, Burnside Boutique, at 350 Burnside Road East. The space was acquired on April 1st and is currently undergoing renovations.

Once open, the store will offer a range of quality women's, men's and children's clothing as well as small household items, books and specialty items when available. All proceeds from the store will support the many valuable social & community programs that BGCA offers. We will be accepting donations soon. If you have goods in excellent condition that you would like to donate, please reach out through email at [boutique@burnsidegorge.ca](mailto:boutique@burnsidegorge.ca).

We are also actively seeking volunteers to help with the store when it opens - receiving, sorting, and pricing donations, creating window displays, working the register, customer service, etc. If this is something you're interested in please reach out to us by email at [boutique@burnsidegorge.ca](mailto:boutique@burnsidegorge.ca) for an application!

We look forward to welcoming you at our Grand Opening on Saturday, July 16th. See the poster below for more details!



BGCA invites you to the

# GRAND

Opening

of



**Burnside Boutique**  
a BGCA Shop

July 16th

Open 10am - 4:30pm  
Ribbon cutting - 11am  
Door Prizes - 1pm

@ 350 Burnside Rd E



## Sign up for Free Seedlings!!

Sign up now to join in the summer offering of the City of Victoria's Get Growing program. If you are facing barriers to growing your own food and you are interested in receiving free food seedlings this summer at the Burnside Gorge Community Centre, on **Saturday, July 30**, please register at the link below!

<https://forms.gle/NZs8usyYkYfLZ5PX7>

Registration for the Burnside Gorge distribution day will be open until July 15, 2022. Once registered, you will be notified closer to the date with information on when you can collect your seedlings.



The summer distribution of fall/winter crops is taking place between July 26 and August 13 at a number of different sites throughout the city. If you would prefer to register for seedlings at a different location please see the full list on the City's Get Growing page for registration details.

<https://www.victoria.ca/EN/main/residents/parks/growing-in-the-city/get-growing-victoria.html>


## SHOUT OUTS

*Shout out to the team at Malibu Motors, @ Ludgate & Bay, for their beautiful boulevard planting (and their punny sign)! I was walking up Bay Street the other day and it was such a treat to see that splash of colour in a long stretch of grey. Thank you so much for brightening up my walk and for the great jokes!*



Is there something great going on in the neighbourhood? Let us know, [rachel@burnsidegorge.ca](mailto:rachel@burnsidegorge.ca).





**July 2022**

*Published by*  
The Burnside Gorge Community Association  
471 Cecelia Road, Victoria, BC V8T 4T4  
Phone: 250-388-5251  
Website: [www.burnsidegorge.ca](http://www.burnsidegorge.ca)

*Note: Written contributions do not necessarily reflect the opinions of the BGCA or its staff.*


**BGCA Board of Directors**  
Greg Arnold, Treasurer  
Elizabeth Cull, Chair  
Kirsten Mah, Director  
Michelle Peterson, Secretary  
Corinne Saad, Director  
Avery Stetski, Vice-Chair

**To Advertise**  
Establish yourself as a community supporter with an ad in your community newsletter.

The deadline to purchase ad space is the 15th of each month prior to the month of publication. Please contact us for current rates.

**Contributions**  
The BGCA welcomes submissions. Submissions are subject to editing as required for clarity and brevity. Please note that submission does not guarantee publication. Contact us for submission guidelines and deadlines.

**Editor:** Rachel O'Neill  
**Email:** [rachel@burnsidegorge.ca](mailto:rachel@burnsidegorge.ca)  
**Phone:** 250-388-5251



**About us**  
Founded in 1991 in response to community need, the Burnside Gorge Community Association provides a continuum of programs and services that strengthen the lives of children, youth and families in Greater Victoria.

Programming includes: a range of childcare programs for ages 3.5 to 11; community and school based youth and family services; housing and asset development supports for youth and families; community recreation and special events for all ages; and a variety of community development initiatives.

As a non-profit organization, we rely on the support of individuals, businesses and partner organizations to continue providing a high level of service to our communities. If you're passionate about the work that we're doing there are a number of ways that you can get involved.

**Join our team!**  
Want to join a fun and dynamic team? BGCA is a great place to work. To see current opportunities please see our website at:  
<http://www.burnsidegorge.ca/opportunities/employment>

**Volunteer!**  
Do you have some time to spare and a passion for community? We're always looking for volunteers to help out. Current opportunities are listed at:  
<http://www.burnsidegorge.ca/opportunities/volunteer>

**Become a member!**  
Are you interested in being a part of our mission? Become a member and take an active role in shaping our community. For more information contact the BGCA directly at:  
[info@burnsidegorge.ca](mailto:info@burnsidegorge.ca)



**CENTENNIAL UNITED CHURCH**  
621 David St.

Now offering in-person and live-streaming services at 10:55 am.  
Prelude begins at 10:45 am.

For more info please call 250-384-6424  
or visit [www.cucvictoria.com](http://www.cucvictoria.com)

# Free Employment Programs

Submitted by John Howard Society of Victoria

A new Wellness Employment Skills and Training /Bladerunner program is starting July 4th, 2022, with a new Westshore program starting July 25th!

In addition to three weeks of full-time training to get employment ready, the program includes several certifications in construction and hospitality, daily meals, bus tickets, opportunity for work experience, a completion bonus and ongoing job coach support!

Some of the FREE certifications and training available includes:

- FoodSafe
- Cooking and Knife Skill Basics with the London Chef
- Intro to Barista Training
- Emergency First Aid and CPR
- WHMIS
- Intro to Forklift Training
- Workshops on resume, cover letter and interview preparation
- Hands on building projects

Contact the John Howard team today for more info or to register. Email [jobteam@jhsvic.ca](mailto:jobteam@jhsvic.ca) or call/text 250-386-3428.

# BC Housing Seeks Feedback on Redevelopment of Evergreen Terrace

BC Housing is starting a community planning process for the redevelopment of Evergreen Terrace. Located at 2501 Blanshard Street, the property has 175 units of affordable housing. It also has 21 units of supportive housing units in Spaken House, a temporary modular building.

The buildings at Evergreen Terrace are over 50 years old. Despite regular maintenance and major renovations, the buildings are showing significant wear. BC Housing expects to replace the buildings with new buildings, providing more affordable, sustainable homes for current and new residents. Explorations will also include the possibility of a new, permanent location for Spaken House.

- The community plan will identify the overall design and approach of the development, including:
- How the land will be used
  - Types and number of homes
  - Open space planning and use
  - Considerations for transportation and other important services

BC Housing is looking to hear from tenants and the broader community, to gather insights and ideas on the project to imagine the future of Evergreen Terrace together.

To learn more about the project and access the survey please see:  
<https://letstalkhousingbc.ca/victoria-evergreen-terrace>

# Burnside Gorge Graffiti Fighters

## -OWN YOUR BLOCK-



The Burnside Gorge Graffiti Fighters are a small team of neighbours working to make Burnside Gorge a better place by removing graffiti from our neighbourhood. We're looking for new recruits! We believe if each person or couple of people adopt a street or block we could maintain the neighbourhood free of graffiti.

Graffiti isn't just ugly: left unaddressed it invites more graffiti till eventually the neighbourhood looks uncared for. People who live in the area feel less happy, comfortable and secure on their streets. The change from simply defaced to dangerous happens as people stop walking and moving in an area and abandon the streets to those who feel they can be destructive with impunity. The solution is for each of us to reclaim our streets.

You may have seen graffiti on the power poles and utility boxes in Burnside Gorge. Rather than looking away, some volunteers have picked up kits from the Burnside Gorge Community Centre to clean up and paint over the unsightly marks in our public areas. There has been a remarkable change on the streets in just a few weeks. One of the positives is that the people doing the graffiti removal are having fun while making the streets look better!

If you would like to become a part of the solution, contact our group at [graffitifighters@burnsidegorge.ca](mailto:graffitifighters@burnsidegorge.ca) and we'll provide you with the kit, a partner to show you what to do and the information to get your block graffiti free. Join our group of enthusiastic neighbours and feel better and better about your neighbourhood in Burnside Gorge.

BURNSIDE GORGE  
COMMUNITY CENTRE  
RECREATION PROGRAMS

PROGRAM  
REGISTRATION

We have an exciting line-up of programs for all ages, from toddlers to seniors. To register for a program call 250-388-5251 or drop by the Centre in person. Pre-registration is required for all programs. The Front Desk hours are 8:30am-5pm, Monday to Friday. We are closed on statutory holidays and weekends, unless noted otherwise.

Payment is required at the time of registration and can be made by cash, cheque, credit card (VISA & MC), Debit or City of Victoria LIFE credits.

REGISTER EARLY  
TO AVOID  
DISAPPOINTMENT!

Programs may be cancelled or postponed if there are not enough registered participants. Decisions to run or cancel a program are usually made two days prior to the first class.

REFUND POLICY:

- For a full refund, request for withdrawal must be received at least 1 day prior to the first class.
- A full refund will be issued if BGCA cancels a program.
- If a participant withdraws after the first class, they will be refunded the pro-rated cost of the program.
- Withdrawing after the second or third class, the participant will be refunded the pro-rated cost of the program minus a \$5 administrative fee.
- No refunds for withdrawals after the lesser of the 4th class or 50% of the course has been completed.

GET IN TOUCH

Do you have an IDEA for a program that you would like to see offered at Burnside Gorge Community Centre? Are you an instructor interested in running a program with us? Call Vanessa Normore 250-388-5251 or email [vanessa@burnsidegorge.ca](mailto:vanessa@burnsidegorge.ca).

FACILITIES

The Burnside Gorge Community Centre is located just outside downtown Victoria at 471 Cecelia Road, between Burnside Road East and Gorge Road East. Outdoor public facilities include the Cecelia Ravine Park, Sport Court and Bike Skills Park, adjacent to the Centre.

The Community Centre is readily accessible by public transit: buses #8, 11, 21 and 22 routes on Gorge Rd East, Jutland Rd and Burnside Rd East, run parallel or border Cecelia Road. It is also easily accessible by the Galloping Goose Trail, which is adjacent to the Centre.



Burnside Gorge Activity Guide

JULY PROGRAMS

*Programs do not run on Statutory Holidays and the schedule is subject to change without notice. All programs require registration. Please call 250-388-5251 for the most current info or to register.*

FAMILY PROGRAMS

PARK DAYS

Come and join us for fun in the sun. Enjoy a new park or beach each week and meet other families. See the schedule on our website for weekly locations!  
<https://burnsidegorge.ca/family-programs/family-centre/>

Mondays	July 11, 18 & 25	9:30am - 12pm	Free
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LOVE 2 LEARN (AGES 0-5)

Centred on fun, engaging, play-based learning Love 2 Learn focuses on making early learning activities transferable to the home environment. Weekly sessions will involve a story and share time as well as an activity kit to make and take home. At the end of each session families will set a goal to achieve during the week and explore it during the following group. Sessions will be held in the Family Centre.

Tuesdays	July 12, 19, & 26	9:30am - 12pm	Free
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TODDLER ARTS & CRAFTS (AGES 0-5)

Explore your creative side! Each week features a different craft designed with the toddler/preschooler in mind. Creative activities can be messy, so please ensure children are dressed appropriately. Parent participation is required.

Wednesdays	July 13, 20, & 27	10am - 12pm	Free
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COMMUNITY DINNER @ BURNSIDE GRILL

Enjoy a nutritious meal with your family and meet other members of your community. Families need to register for dinner before Wednesday 4pm by calling the front desk at: 250-388-5251. Advise if you are Vegetarian when registering.

Thursdays	July 14, 21, & 28	5 - 6 pm	By donation
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PLAYGROUND TIME

This is an opportunity for young children and their parents to meet and enjoy some outside play in an informal atmosphere with other families

Thursdays	July 14, 21, & 28	5:30 - 7pm	Free
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OPEN PLAY GROUP

Come and meet other parents/caregivers over a cup of coffee. We provide a safe space for conversation and peer support.

Fridays	July 15, 22, & 29	10am - 12pm	Free
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DADS GROUP

Hey Dads! Join us Saturdays for some free play, connection, coffee and snacks. We meet in our large play room where kids have access to toys, games, art and the company of other kids. Dads enjoy connecting with other Dads to discuss parenting, to feel supported by other dads and to explore a myriad of ways to engage in spontaneous play, a powerful way to help your children to develop and flourish. We enjoy welcoming new dads and kids into our exciting space! All who identify as dads and their children up to age 8 are invited to join us! Registration is required. Call today to book your spot, 250-388-5251.

Saturdays	July 9 & 23	1-3pm	Free
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YOUTH CAMPS

LEGO ROBOTICS AND SCIENCE CAMP (6-9 YEARS)



LEGO Beyblades, SumoBot battles, Dinosaurs, the Batmobile, Tanks, R2-D2 from STAR WARS, helicopters, Crocodiles, and so much more! In this camp, participants will combine their love for LEGO and Science! In LEGO Robotics they will take their building skills to another level while learning about gears, motors, and sensors. With a teammate, dive into the basics of engineering using LEGO technology! Come and program exciting interactive objects that move, react, and make sounds! In the Science portion, experience the wonders of science by doing daily experiments that are sure to wow anyone! Careful some can be a little messy! Everyday campers will get to take home at least one of their cool experiments to share with friends and family. Campers will also engage in a variety of fun indoor and outdoor activities. We will also have game consoles set up, a large Pac-Man joystick, arts and crafts station, board games, and MORE! And good luck to your group on the daily engineering activity! Headed by LittleUniverse.

Registration forms can be found at <https://burnsidegorge.ca/youth-recreation/youth-centre/>. For more camp details, please email LittleUniverse directly, [stemprograms victoria@gmail.com](mailto:stemprograms victoria@gmail.com).

Fridays	Aug 2 - 5	9AM - 4 PM	4/\$365
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YOUTH PROGRAMS

KIDS AT TENNIS

The Society for Kids at Tennis (KATS, [www.kidsattennis.ca](http://www.kidsattennis.ca)) provides free tennis lessons and equipment to families experiencing financial barriers. Using the “progressive tennis” approach recommended by Tennis Canada, the KATS program uses smaller racquets, smaller courts, lower nets and low compression balls. This approach helps kids to develop confidence in their ability to hit the ball, learn quickly, and most of all, have fun playing the sport! Kids will be introduced to the fundamental skills which form the foundation for future development. In the event of excessive registration, BGCA may prioritize enrolment to families with lower income. Classes are held in the Banfield Park tennis courts.

Tennis (5-8 yrs)

M	July 4 – Sept 26	4pm – 5pm	Free
	No class Aug 1 & Sept 5		

Tennis (9-13 yrs)

M	July 4 – Sept 26	5pm – 6pm	Free
	No class Aug 1 & Sept 5		

ADULT PROGRAMS

T’AI CHI

Focus on your health, your well being, and reduce your stress with the Yang- Style T’ai Chi. Using relaxation as the key principle, T’ai Chi involves gentle, low impact movements that develops grounding, flexibility, and balance. Headed by instructor Lee McLeod, his 25 years of teaching the Cheng Man-Ch’ing short form, will lead the class through 37 movements and follow through gentle corrections and encouragements. Beginners welcome.

Thursdays	Jun 2 - Jul 21	3 - 4:15PM	8/\$64
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XL YOGA

Yoga for those living in large bodies taught by a person living in a large body. The benefits of yoga – increased balance, flexibility, stamina, and relaxation are wonderful for everybody. We’ll make the poses work for our everyone using modifications and props (bolsters, blankets, and straps). Our classes are fun and light-hearted. Instructor Jill Moran

Thursdays	Jun 2 - Jul 21	7-8PM	8/\$96
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55+ PROGRAMS

SENIORS LUNCH AND LEARN

Socialize with other seniors in the community while enjoying a delicious and nutritious homemade meal. This program features a mix of guest speakers, social activities and theme activities during the holiday seasons. For more information please call the Community Centre, 250-388-5251.

Thursdays	12pm - 2pm	\$5 /Lunch
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COMMUNITY SERVICES

In addition to our own programs and services we also have the privilege of being able to offer external services and supports here at the Centre.

INCOME ASSISTANCE SUPPORT

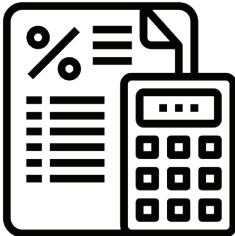
Do you have questions about Income Assistance (IA) or Persons with Disability Assistance (PWD) or how to go about opening a file? The Burnside Gorge Community Centre has an Employment & Assistance Worker from the Ministry of Social Development & Poverty Reduction who works on site at the Centre on Thursday afternoons. To book an appointment please call the Community Centre at 250-388-5251.

FREE LEGAL CLINIC

Legal advice is provided free of charge during 15-minute phone appointments on Tuesday afternoons. All legal questions welcome. Please call us to book an appointment, 250-388-5251.

COMMUNITY VOLUNTEER INCOME TAX PROGRAM

As part of the Canadian Revenue Agency’s Community Volunteer Income Tax Program we have volunteers that can assist those with simple tax filing for current and back dated tax years. We can help students, newcomers, persons with low income or older adults. For more info call 250-388-5251.



SUMMER CAMP - YOUTH

CAMP SURVIVOR (10-15 YEARS)

These action-packed adventure camps for youth take you outdoors for paddle boarding, paintballing, motocross riding, zip lining and more! If you are looking for a full week of adventure and fun, this is the camp for YOU!

Camp runs Monday thru Friday from 9am-3pm. Extended care is available from 8:30 am until 4:00 pm, for an additional \$15/week. Subsidies are also available. Please complete and submit the Subsidy application with registration.

Call today to register, 250-388-5251. Registration & subsidy forms are on our website at <https://burnsidegorge.ca/youth-recreation/camp-survivor/>.

<b>July 4-8: Outdoor Explorers</b>	\$175/5 days
Explore local trails, forests, and parks this week as we take on the great outdoors involving Axe Throwing and Wildplay!	

<b>July 11-15: Challenge Week</b>	\$175/5 days
Get your game face on for this week full of friendly competitions. Try out new sports, games, and activities such as Flying Squirrel & rock climbing!	

<b>July 18-22: Sportszilla</b>	\$175/5 days
Do you like to play sports? Well, Game on. This is your week to shine on the podium! Activities include mini-golf, tennis, & bowling.	

<b>July 25 – 29: Water Works</b>	\$175/5 days
Dive into our water-themed week! Enjoy some of the best local beaches and lakes in Victoria. Activities include swimming & paddle boarding!	

<b>August 2-5: Runnin’ Wild</b>	\$140/4-day week
Join us as we take on a series of thrilling outdoor activities around town. Activities include paintball & swimming!	

<b>August 8-12: Adrenaline Rush</b>	\$190/5 days
Are you adventurous? Do you like the challenge? Take the plunge this week as we take on some exhilarating activities such as Paintball & ziplining!	

<b>August 15-19: Swim &amp; Sail</b>	\$175/5 days
Join us for a fantastic week by the water as we partake in a wide-range of water-based activities such as swimming & paddle boarding!	

<b>August 22-26: Final Countdown</b>	\$175/5 days
Time to end summer with a bang! This week, out trips will take us to a mix of local parks and beaches. Activities include kayaking & mini golf!	

Family Self-Sufficiency (FSS)

is currently accepting applications!

The FSS Program can support you to...

- Start saving with a matched savings program
- Gain more control of your money
- Face your financial fears and move forward
- Begin a debt reduction plan and reduce your debt
- Access supports that will assist you and your family as you move towards a brighter future

Are You:

- Receiving an eligible housing subsidy?
- Living with at least one dependent child?
- Surviving on a low income?
- Feeling overwhelmed about money?
- Struggling with debt?
- Worried about your finances?

We can help! Call the FSS program today at 250-388-5251 or visit [www.burnsidegorge.ca](http://www.burnsidegorge.ca) to find out more.

United Way

Southern Vancouver Island

BC HOUSING

FIRSTWEST

COMMUNITY ENDORSEMENT

IslandSavings

COMMUNITY ENDORSEMENT

CRHC

The Capital Region Housing Corporation

Win

Burnside Gorge

FSS is generously funded by:

We can help! Call the FSS program today at 250-388-5251 or visit [www.burnsidegorge.ca](http://www.burnsidegorge.ca) to find out more.

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Win

Burnside Gorge

FSS is generously funded by:



# New Model Seeks to Increase Affordable Housing

Submitted by Solidarity Housing Society



**Solidarity Housing**  
beyond private homeownership

Are you a homeowner seeking to respond to the housing crisis where you live? Do you have a bigger house than you need, and would you consider sharing it with others? Solidarity Housing is a new model that works with homeowners to transition their homes to permanently affordable, non-profit housing. We are seeking homeowners looking to make a difference in their neighbourhoods and communities, and we want to get their perspectives on moving beyond private homeownership.

The request: please help us spread the word about this project. We've created a survey and we're hoping to reach as many homeowners as possible (even if they aren't particularly enthusiastic about the model). Consider passing this on to homeowners you know, and encourage them to take a few minutes to complete the survey: <https://www.solidarityhousing.com/survey>

More about the project: we are working to create new legal and financial tools that enable 'overhoused' homeowners to explore alternatives to simply selling or renting their home, and instead creating a legacy of permanently affordable housing. Similar to a reverse mortgage, homeowners receive monthly payments to support their living expenses. But instead of the bank owning the house, ownership transitions to a housing co-operative or Community Land Trust, which provides stable, affordable housing as rentals or leases. The model is designed to be flexible to fit a variety of scenarios, including homeowners who wish to remain in their home while sharing it with others. Our website has more details: <https://www.solidarityhousing.com/> Of course, we're also hoping to find homeowners who are enthusiastic about this project, including those who might consider exploring this model. If you want to connect with us and discuss the model further, get in touch with us: [outreach@solidarityhousing.com](mailto:outreach@solidarityhousing.com)

## Help Fill BGCA's Food Cupboard

One of the many programs and services BGCA offers for families is our Resource Room where families can access non-perishables as well as toiletries and hygiene supplies. With the rising cost of food we are seeing an increased number of families needing a little extra support to get by. If you can help, we're looking for the following items to help keep our Resource Room well stocked:

- **Staples** - Flour & sugar, canned fish/meat, canned veggies, soups, peanut butter & jam, pancake mix, oatmeal/cereal/granola, pasta & pasta sides, pasta sauce, instant noodles, mac n' cheese, rice and rice sides, etc
- **Snacks** - Fruit snacks/leather, cookies & crackers, granola/cereal bars, fruit cups, etc
- **For infants** - diapers, baby food, formula

We will also accept grocery cards (\$50 or less) to provide families in need the ability to purchase dairy and other fresh food. Donations can be dropped off at the Burnside Gorge Community Centre, 471 Cecelia Road. If you're interested in organizing a food drive with your family, work or faith group, please give us a call at 250-388-5251.



## THANK YOU For Making the 2022 Selkirk Waterfront Festival a Success!

Yay for Festivals returning to Victoria! On Saturday, May 28th, BGCA hosted its Selkirk Festival. Mother Nature kept it together; the sun made a slight appearance, the rain was light, but no matter the weather, attendees had a great time!

There was a bouncy castle, Family Fun Zone with crafts, face painting, & bubbles, amazing musical performances, craft market vendors, community information booths, delicious cuisine, tasty treats, and to wash down all the yummy grub, Selkirk had its first inaugural Beer Garden! Victoria is famous for their breweries, so it seemed like a natural fit to have them join our community event. Festival goers got to enjoy a great selection of beer on tap, while listening and dancing to music.

There is a lot of work that goes on behind the scenes to ensure a successful event. Selkirk is not possible without the dedicated team of staff and Board Members from BGCA, Sponsors, & Volunteers! THANK YOU to everyone for your involvement in making this event the success that it is!

A shout out to our amazing sponsors:

- City of Victoria
- Jawl Properties
- Trotac Marine
- Days Inn Victoria Uptown
- Peninsula Co-op
- Long and McQuade
- Sunbelt Rentals
- Victoria Beer Society
- Hoyne Brewery
- Vancouver Island Brewery
- Twa Dogs

To our talented performers:

- Kennedy
- Dan Cook and the Radiators
- Mufaro Marimba
- Lekwungen Traditional Dancers
- Soul Shakers
- Impulse Response

Thank you for providing great entertainment!

Special shout out to George Scott & Event Service Production for providing our electronical needs, Caleb Kennedy for being our sound technician, Capital Bike for providing bike parking, and Deborah Shepherd with the University of English Language Centre for assisting in recruiting a large number of volunteers for our family fun zone! THANK YOU

We would also like to extend a special thank you to all the volunteers who helped out behind the scenes in preparation for the event as well as to those who helped out on event day. Your hard work and contribution to making this event a success is very much appreciated. And last but not least, a great big THANK YOU to all of you wonderful community members who came out and made the festival a success!

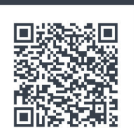


## Face 2 Face with stigma Community Event

Open your mind and challenge your preconceptions! Face 2 Face with Stigma is presenting a community event aimed at creating a welcoming space for all. We use powerful, personal stories along with activities, educational pieces and open discussions to change perceptions. Our team is composed entirely of peoples with lived and living experience of stigma. We work to inspire empathy and reduce fear for folks in our community who are heavily stigmatized.

We welcome you to our third anniversary special presentation, touching on topics such as homelessness, substance use, mental health disorders, and more.

**Saturday, July 9th 1-4pm**  
**Downtown Community Center**  
**755 Pandora, in the gymnasium**



sign up on  
eventbrite!



greater victoria  
coalition to end  
homelessness  
hope has found a home

[www.eventbrite.com/e/face-to-face-with-stigma-community-event-tickets-343074534167](https://www.eventbrite.com/e/face-to-face-with-stigma-community-event-tickets-343074534167)

**refreshments & snacks provided**

Contact Kay at 250-580-2751 or [kmartin@victoriahomelessness.ca](mailto:kmartin@victoriahomelessness.ca) for more information



# Now Accepting Applications for 210 Gorge!

Submitted by Victoria Cool Aid Society

Cool Aid is now accepting applications for its new, mixed-use affordable housing at 210 Gorge Road. Studio (single occupancy only), one-bedroom, and two-bedroom units, as well as seven partially accessible units.

- Studio average: 350 sq. ft.
- 1-bedroom average: 500 sq. ft.
- 2-bedroom average: 775 sq. ft.

Income eligibility requirements as set by BC Housing:

- 8 studio units @ \$950 – annual income must not exceed \$47,500
- 14 studio units @ \$1,200 – annual income must not exceed \$77,430
- 10, one-bedroom units @ \$1,400 – annual income must not exceed \$77,430
- 10, two-bedroom units @ \$1,750 – annual income must not exceed \$120,990

This is a non-smoking building, and all units have showers only. Limited parking is available for an additional cost. Utilities are not included. There is on site coin laundry and pets will be considered on case-to-case basis with an additional deposit.

To apply, please complete and submit the application found on the affordable housing page of our website.  
<https://coolaid.org/how-we-help/housing/affordable-housing/>

Note: Housing is considered affordable when 30 per cent or less of your household’s gross income goes towards paying for your housing costs. Cool Aid’s affordable housing is at the low end of market rates. Proof of income required.

Cool Aid will also be opening a coffee shop as part of our 210 Gorge development, and we want to hear from you!

To take part in a focus group, please contact Tracey Robertson at [trobertson@coolaid.org](mailto:trobertson@coolaid.org).



## Join the BGCA Team

### CURRENT OPENINGS:

- Youth Recreation Programmer (full-time)
- Housing Outreach Worker (full-time)
- Out of School Care Manager (full-time)
- Childcare Leaders (temporary full time, & permanent part-time)
- Supported Childcare Workers (temporary full time, & permanent part-time)

Full job descriptions and application details can be found at:

<http://www.burnsidegorge.ca/opportunities/employment>

## Play Little Free Library Bingo

Submitted by Jessica Hum, Greater Victoria Placemaking Network

Did you know? Now you can create your own Little Free Library Bingo Card!

If you’ve ever visited more than one little free library, you’ve likely noticed the same book or author popping up: The Da Vinci Code, say, or one of Danielle Steele’s potboilers. Rather than get frustrated by this, we decided to come up with a fresh way to engage with Victoria’s amazing and expansive network of little free libraries (LFLs): Little Free Library Bingo!

Here’s how it works:

Head on over to [mford51.wixsite.com/lfl-bingo](http://mford51.wixsite.com/lfl-bingo) to create your very own Little Free Library Bingo Card, then go out and explore many of the 615+ little free libraries spread out across the Greater Victoria region. If you need help finding a library in your neighbourhood, check out the GVPN Little Free Library Map.



Take a card along as you visit LFLs in your neighbourhood, and check off or colour in the boxes that match what you find (depending on how tricky you want to make it, you can play by line, cross or blackout).

You can create two types of LFL Bingo cards—one for a general audience and another just for kids—but anyone is welcome to play either . . . or both! Play on your own, as a family or even challenge a friend.

You might get a bingo the first time out, or it might take a number of visits to different libraries to win—that’s all part of the challenge! Remember, you don’t have to remove books from LFLs to win, just spot them. (Of course, if you find a great book, that’s a bonus!)

We encourage you to share your LFL adventures over social media with the hashtag #LFLBingo. Completed cards posted to Instagram or Twitter using #LFLBingo will also be entered into a draw for additional prizes. Plus, everyone who plays has access to a ton of amazing prizes: a free book of your choice from a LFL near you! So get out there, find great books, explore your neighbourhood and have fun!



# 2022 Capital Bike Sticker Challenge

Submitted by Jordan Glowicki, Capital Bike



Join us this summer and participate in the Capital Bike Sticker Challenge. We will be featuring 50 different local organizations and business throughout the Greater Victoria region that you can visit to receive your sticker which is then used towards prizes! Enjoy getting on your bike and cycling throughout the region, support local business, try new routes and trails, and visit fun places you have never been before! Stay tuned for more details and how to enter to win \$1000's worth of prizes. If you would like to be a sticker location please email [jordan.glowicki@capitalbike.ca](mailto:jordan.glowicki@capitalbike.ca). Happy biking!

The Community Centre will be closed on Friday, July 1st.

We wish everyone a safe and happy long weekend!



# BC SPCA Tips for Summer Pet Safety

Submitted by BC SPCA

With the summer season comes a new round of things for you and your pet to enjoy together. While it's easy to become distracted with the fun activities, it's important to plan ahead and make your pet's safety a priority by watching out for some of these potential hazards that come with the warmer weather. See the tips below to help keep your pet safe!

- **Pavement:** If you regularly jog or bike with your dog, be conscious of when you're doing it. If it's a hot day, the pavement can get very hot for your pet's feet.
- **Exercising:** Choose to exercise with your dog earlier in the morning or later in the evening when it's cooler reducing the chances of your pet getting heatstroke.
- **Outdoor excursions:** When hiking, camping, or going to the beach, make sure you bring along a water bowl and water for your pet as well as an umbrella for shade. Use towel to both dry off your pet and to give them an option of a place to lie down that's not scorching hot.
- **Cool Down:** Freeze favourite food or treats, such as Kongs, or ice cubes with chicken broth, or try freezing a variety of toys and treats inside one big ice cube. Investing in a kiddie pool for your pup and fill of cool water for your furry friend to enjoy and play in.
- **Is your pet ok?** Ensure your pet is actually having a good time outside in the heat and is able to get out of the sun in a nice shaded area.
- **Pets in cars:** If you go out in the car, leave your pet at home rather than in a hot vehicle, where it can take as little as 10 minutes for a pet to suffer irreparable brain damage or even death.



Photo credit: BC SPCA

Need Assistance or Advice? Call the BC SPCA Animal Cruelty and Wildlife Hotline: 1.855.622.7722

# Enjoy Summer Activities While Being Household Hazardous Waste Aware!

Submitted by CRD Environmental Services

Spending time outdoors or in the pool this summer? Whether we realize it or not, many of our summertime activities can contribute to pollution and landfill fires if we're not careful. One of the easiest ways to prevent this is by becoming hazardous waste aware.

Household hazardous waste (HHW) can be found in every home and includes batteries, paints, cleaners, motor oil, gasoline, pool chemicals, propane cylinders, pesticides, fertilizers and more. These items should never be put in the garbage or your curbside recycling, nor should they be poured down the drain or into the natural environment. Improper disposal of HHW can pollute waterways, harm fish and potentially spark landfill fires – a big concern during the summer months! HHW can be safely disposed of for FREE at Hartland Landfill. For more info, including additional drop-offs, visit [www.crd.bc.ca/hhw](http://www.crd.bc.ca/hhw).

6 common summer activities to be hazardous waste aware of this summer:

- **Camping/BBQing** – Be sure to safely store your propane tanks and cylinders and properly dispose of them once you're done. Learn more about where to take propane tanks and cylinders at [www.myrecyclopedia.ca](http://www.myrecyclopedia.ca).
- **E-biking** – Regular maintenance is important for maintaining e-bike and their batteries. It's important if an e-mobility battery has reached the end of its life that it's recycled responsibly. Find a list of free drop-off locations at [www.call2recycle.ca](http://www.call2recycle.ca).
- **Relaxing in the pool or hot tub** – The only safe place for pool chemical is in your pool or hot tub. Unused or expired chemicals can be dropped off at Hartland Landfill for free, keeping them out of the landfill and away from potential fire sources.
- **Outdoor Painting** – Summer is a time when the weather is nice and perfect for outdoor painting, but be spill prepared with absorbent materials nearby so that pollutants don't wash into storm drains. Find out where left-over paint and paint cans can be recycled at [www.myrecyclopedia.ca](http://www.myrecyclopedia.ca).
- **Outdoor Cleaning** – Buy only what you need and safely store what you don't use. Alternatively, DIY cleaning products with the Clean Green Cookbook.
- **Gardening** – Instead of using harsh pesticides and fertilizers, try your green thumb with natural gardening techniques and gardening with native plants.



Have a great summer and thank you for helping keep our environment clean, and workers and wildlife safe. Be sure to handle with care and get it all there! For more information on household hazardous waste and drop-off locations, visit [www.crd.bc.ca/hhw](http://www.crd.bc.ca/hhw).



# Learn, See, Play, Do – July Calendar

## Victoria Canada Day

Victoria Canada Day is back! The day will open with a canoe protocol where the Songhees and Esquimalt First Nations escort Mayor Lisa Helps and members of the city’s Canada Day committee to Ship Point on the Inner Harbour. A welcoming ceremony on a main stage at that site will be followed by a performance from the Lekwungen Dancers.

This year’s festivities look to feature an array of diverse, locally focused performances along with interactive activities, experiential exhibits and multicultural food options before fireworks will conclude the day. The main stage will have an accessible viewing area and volunteers will be on hand to offer assistance.

<https://www.canadadayvictoria.ca/schedule-map>

## Gorge Canada Day Picnic

Gorge Canada Day Picnic on July 1, 2022, from 8:30 a.m. until 4 p.m., along the beautiful Gorge Waterway. The length of Gorge Road West from Tillicum Rd to Admirals Rd hosts the event and will be closed to traffic from 7:30 a.m. until 5 p.m.

Fun for the whole family, including the Canada Day Family Parade, Pancake Breakfast, Canada Day Show and Shine car show, Gorge on Art, lots of food trucks, voyageur canoe rides on the Gorge, the Canada Day Market, Community Engagement displays, Craigflower School House open house, Strawberry Tea, street hockey, kids’ inflatables and activities, and great entertainment throughout the day on three stages!

<https://gorgecanadaday.ca/>

## Soccer for Ages 7-13 years

Calling all soccer stars! For the third year in a row, the North Park Neighbourhood Association is hosting drop in soccer skills & informal games for kiddos aged 7-13 years old. Wear comfortable clothing, and bring a water bottle! A juice box & granola bar snack will be provided at break time. This program is suitable for all abilities. Soccer players will be divided into two age groups: 7-9, and 10-13 years old. Each session will have a 30 player limit.

No registration is required. Participants will be required to sign a waiver prior to joining in! This program is not licensed childcare, caregivers are required to stay at the park for the duration of the program.

July 4, 11, 18, 25

## Parent-Child Workshop: Soil Superstars

Saturday Jul 9th from 10am - 11am

Soil is always under our feet, but we might not give it too much thought. In this parent-child workshop for kids age 4-10, our Child & Youth Educators will highlight the importance and beauty of soil, as we explore it with our eyes and hands. Learn soil’s ingredients, how it’s made, and meet some of our worm friends that help us make it! We’ll also discuss the importance of soil and how we can help it.

This workshop will be happening outdoors at the Compost Education Centre with social distancing in place as much as possible. As some aspects of our activities may require us to come within 6 feet of each other, we ask that adults bring masks they can put on whenever social distancing can’t be maintained.

<https://www.eventbrite.ca/e/parent-child-workshop-soil-superstars-tickets-251630362187>

## Archaeology Day

Do you dig history? Check out Archaeology Day on the Point Ellice House lawn and discover our archaeological past through a historical artifact show and tell! We will also be joined by our friends from the Archaeological Society of BC, Underwater Archaeological Society of BC, Métis Nation of Greater Victoria, and the Royal BC Museum.

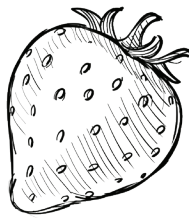
Stop by for lunch with Rock Bay favourites Bird & Basket and Victoria Beer Society, and bring your friends and family to learn about the heritage work happening all around us (even beneath our feet).

Admission is by donation (we suggest \$10), and also includes entrance to the historic house and our brand new feature exhibit: The Animals of Point Ellice House. Absolutely save the date! Sunday July 10 2022 | 12pm-4pm

Any questions? Visit our website [www.PointElliceHouse.com](http://www.PointElliceHouse.com) or email [Info@PointElliceHouse.com](mailto:Info@PointElliceHouse.com).

## Saanich Strawberry Festival

The Saanich Strawberry Festival is back at Beaver Lake Park on Sunday July 10, 11am - 3pm. From its start as a celebration of Saanich’s agricultural roots, the Strawberry Festival has blossomed into a grand event for all ages. Enjoy a wide variety of family activities, including information displays, face-painting, program demonstrations, arts and craft stations and bouncy castles.



Bring a blanket and enjoy a day at the beach while a variety of performers entertain on the main stage. Of course, the Strawberry Festival wouldn’t be complete without the traditional serving of strawberries and ice cream from 1:00 - 3:00 pm for only \$1! Ticket sales start at 11am. Buy yours early to ensure you can enjoy this tasty treat!

## Adventures in the Great OUTdoors!

Part of North Park Neighbourhood Association’s free summer programs in Royal Athletic Park, this is a safer space with a focus on queer, trans, and questioning children and families to learn about physical literacy. Each session will include a different fundamental movement theme.

- July 11, 6pm: Spikeball & lawn games
- July 23, 10am: Capture the flag & other fun field games!
- August 21, 10am: Obstacle course day all over Royal Athletic Park!
- August 29, 6pm: Bring a picnic dinner for a drag show & karaoke party in the grandstands at Royal Athletic Park!

No registration is required. Participants will be required to sign a waiver prior to joining in! This program is not licensed childcare, caregivers are required to stay at the park for the duration of the program.

<https://www.facebook.com/events/779369476383938/779369479717271/>

## TD Art Gallery Paint-In

The Art Gallery of Greater Victoria is excited to bring back the 33rd TD Art Gallery Paint-In. Embrace Vancouver Island Art and artists in a full day of celebration under the sun! Celebrate up to 150 local artists and enjoy community, arts-based groups transforming Moss street into a colourful art gallery. Explore your love of art with friends and neighbours, connect with local artists as they demonstrate their craft, and stop at the Imagination Stations for art-inspired activities.

Get a taste of local eats and drinks at the Art Gallery of Greater Victoria grounds (1040 Moss Street). Vibe with local music and performances in the family-friendly beer garden, open to 6 PM. Bonus – the Art Gallery of Greater Victoria will be open for the entire day to see BC’s second-largest art collection admission by donation!

Join us on Saturday, July 16, from 11am-4pm! Our family friendly beer garden is open until 6pm.

## Parent-Child Garden Walk

Welcome to the Compost Education Centre! In this tour for parents and their children aged 4-10, our Child & Youth Educators will guide participants through our demonstration gardens, which are always full of animal and plant life to discover. Engage all five senses as we learn all about native plants, fruit & veggie gardening, composting, worms, and more!

This workshop will be happening outdoors with social distancing in place as much as possible. As some aspects of our activities may require us to come within 6 feet of each other, we ask that adults bring masks they can put on whenever social distancing can’t be maintained.

July 23, 11am-12pm

<https://www.eventbrite.ca/e/parent-child-garden-walk-tickets-253435080147>

## 2022 Island Mavins Handmade and Vintage Market

With over 40 local talented vendors there is sure to be something for everyone! Featuring antique, vintage and handmade treasures for the home and garden - items such as refurbished furniture, vintage and upcycled home decor, handmade linens, handmade cushions, upcycled and handmade women’s apparel, paper goods, signage/art work and so more more!

Entry fee is \$3.00 per day/\$5.00 for both days (children under 12 get in free). Free parking, live music and a yummy food truck will also be on site.

Jul 23 - Jul 24 (Sat, 10am to 4pm & Sun, 10am to 3pm)

Island Mavins, 2734 Island View Rd.

## Free Art Class

Watercolour artist, Richard Wong, is hosting a free watercolour class on July 24 at the Quadra Village Gym! If you would like to learn how to paint a beautiful blue jay, register right away! All art supplies will be provided. No prior art experience is required, only a willingness to learn and enjoy the moment.

Richard is taking registrations now on a first come basis. Capacity is 20 participants. To register email [wong2894@telus.net](mailto:wong2894@telus.net).

**Do you have an upcoming event or activity? Send submissions to [info@burnsidegorge.ca](mailto:info@burnsidegorge.ca) or call us at 250-388-5251!**