

Burnside Gorge Community News

March 2020
www.burnsidegorge.ca

Selkirk Waterfront Festival 2020!

Selkirk Waterfront Festival

Please join us on Sunday, May 24th, for our annual Selkirk Waterfront Festival from 10am – 3pm in Selkirk Green Park. This fun-filled multi-cultural family event offers something for everyone. Enjoy exciting activities in the Family FUN Zone, world cuisine in the international food court, and unique arts and crafts in our colourful street market. Come join us for some great entertainment and activities!

VENDOR APPLICATIONS are now being accepted for food service and the artisan craft market. For more info please call Carter at 250-388-5251, or email carter@burnsidegorge.ca.

VOLUNTEERS NEEDED!

Volunteers are needed for many areas of the festival including vendor assistants, café crew, parking crew, stage assistants, children's fun zone leaders, and set-up and take-down crew. If you are interested in being a volunteer, call Carter 250-388-5251.

W Selkirk Waterfront Festival



My Great Neighbourhood

Did you know that as a resident you can apply for a My Great Neighbourhood Grant through the City of Victoria? My Great Neighbourhood Grants were developed to support strong, connected neighbourhoods through funding for projects and activities that would empower them to shape their local area.

The City provides up to \$5,000 for placemaking projects and up to \$1,000 for activities, matching equivalent contributions (including volunteer time and in-kind donations) from applicants.

Projects that have recently been funded include murals, a children's garden and playspace, little free libraries, furniture for a community garden, emergency supply benches, pollinator gardens and historical plaques.

The spring funding round opens March 1st and the deadline to apply is April 15th.

For more info and to apply, visit: www.victoria.ca/neighbourhoodgrants



Save the Date - All Candidates!

BGCA is organizing an All Candidates Meeting for the evening of Monday, March 30th. This will be an opportunity for council candidates and members of our community to connect and start some meaningful conversations. Please stay tuned to our web and social media sites for updates!

www.burnsidegorge.ca

<https://www.facebook.com/burnsidegorgecommunityassociation/>

<https://twitter.com/BurnsideGorge>

The Municipal By-Election will be held on April 4, 2020. Voters in Victoria will vote to elect one Councillor. The position became vacant when Laurel Collins resigned from Victoria City Council in November 2019 following her election to the House of Commons as Member of Parliament for Victoria. For more information on voting locations please see:

<https://www.victoria.ca/EN/main/city/2020-municipal-byelection.html>



SPRING is here! Take a LEAP towards your financial GOALS!

The FSS Program can support you to...

- Face your financial fears and move forward
- Take control of your money
- Begin a debt reduction plan
- Access resources & supports
- Start Saving



To apply you need to be...

- Receiving a housing subsidy (not all housing providers qualify)
- Or receiving a 'rental assistance program' (RAP) subsidy
- Living with at least one dependent child

Call today to apply for this life changing opportunity. FSS staff can be reached at 250-388-5251

Spring Ahead & Stay There

Daylight Savings Time goes into effect on Sunday, March 8th. Don't forget to set your clocks ahead one hour! BC will then be permanently on DST and won't fall back in November.



Burnside Gorge Community News

February 2020, Volume 34, No. 03

Published by
The Burnside Gorge Community Association
471 Cecelia Road, Victoria, BC V8T 4T4
Phone: 250-388-5251
Website: www.burnsidegorge.ca

Note: Written contributions do not necessarily reflect the opinions of the BGCA or its staff.

BGCA Board of Directors

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To Advertise

Establish yourself as a community supporter with an ad in your community newsletter.

The deadline to purchase ad space is the 15th of each month prior to the month of publication. Please contact us for current rates.

Contributions

The BGCN welcomes submissions. Submissions are subject to editing as required for clarity and brevity. Please note that submission does not guarantee publication. Contact us for submission guidelines and deadlines.

Editor: Rachel O'Neill

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About us

Founded in 1991 in response to community need, the Burnside Gorge Community Association provides a continuum of programs and services that strengthen the lives of children, youth and families in Greater Victoria.

Programming includes: a range of childcare programs for ages 3.5 to 11; community and school based youth and family services; housing and asset development supports for youth and families; community recreation and special events for all ages; and a variety of community development initiatives.

As a non-profit organization, we rely on the support of individuals, businesses and partner organizations to continue providing a high level of service to our communities. If you're passionate about the work that we're doing there are a number of ways that you can get involved.

Join our team!

Want to join a fun and dynamic team? BGCA is a great place to work. To see current opportunities please see our website at:

<http://www.burnsidegorge.ca/opportunities/employment>

Volunteer!

Do you have some time to spare and a passion for community? We're always looking for volunteers to help out. Current opportunities are listed at:

<http://www.burnsidegorge.ca/opportunities/volunteer>

Become a member!

Are you interested in being a part of our mission? Become a member and take an active role in shaping our community. For more information contact the BGCA directly at:

info@burnsidegorge.ca

Business Profile - ÎLE SAUVAGE Brewing Company

By Sarah Wagstaff

The Burnside Gorge area, in particular Rock Bay has been a launch pad for the booming craft beer industry. It is no surprise that the founding team of iLe Sauvage picked our little neighbourhood to put their roots down. I am extremely fond of beer and have been very curious about the sour beer brewery since it opened its doors, so was eager to meet with owner-operator and Nutritional Tech, Ian Ibbotson, to chat about how business was going. Say hello with me...

Sarah: Ian, wonderful to be here, this beer is delicious! Tell me, your brewery is known to be a "sour" brewery, how would you describe a sour beer to the folks in the neighbourhood?

Ian: Our beers are flavor focused fruit sours, they have zero IBU's (International bitterness Units, thus meaning they have no bitterness). We are known for sours it true, but we also brew Stouts, IPA's and Saison's in house and feature many guest taps from other breweries, so we really have something for everyone.

Sarah: Very cool – is the space family friendly?

Ian: Absolutely, we are very family friendly and have snacks, non-alcoholic drinks and our guests are welcome to bring in their own food or even order a pizza to be delivered. In the spring and summer, we open up the big garage doors and plan on having more events so hoping to see lots of families coming down for those.

Sarah: That sounds great, how can people find out about these events?

Ian: The best way is to follow us on Instagram or Facebook, we are very responsive on Instagram if anyone has questions, they can reach us there.

Sarah: So, I hear a congratulations is in order - ÎLe Sauvage won Rookie of the year in 2019 at the BC Brewing Awards. That is amazing, how did that success impact the business?



Ian: It was awesome, we were up against some really great new breweries from Vancouver including House of Funk and were just really delighted with the collaborative spirit in the industry. It was also pretty cool because my kids were watching the live stream at home.

Sarah: Aww that's awesome, yes, I have heard that the industry is really supportive. Well, Ian it's been a pleasure – is there anything else you would like to share with the Burnside Gorge Community?

Ian: We have amazing staff working here, that are extremely knowledgeable and are eager to walk you through the various beer styles. We also sell beer in growlers and tall cans for a fresh beer to go.

ÎLE Sauvage is located at 2960 Bridge St Bridge St. Check out <http://ilesauvage.com/> for open hours!

Friends of Cecelia Ravine Work Party

Join us for a work party in Cecelia Ravine Park. Work will focus on invasive species removal. Please bring work gloves and wear sturdy shoes and weather-appropriate clothing. Snacks and refreshments will be provided after the work party.

The Friends of Cecelia Ravine meet the first Saturday of each month at the Burnside Gorge Community Centre, 471 Cecelia Road. The next work party will be held on Saturday, March 7, from 10am-12pm. Call the BGCA for info, 250-388-5251, or email at info@burnsidegorge.ca.



Centennial United CHURCH

Worship Service 10:55 am
Sunday School, Nursery, Senior Choir
Everyone Welcome!

649 Gorge Rd. East (at David St.)
Wheelchair ramp on Gorge Rd.

250-384-6424
www.cucvictoria.com



BURNSIDE GORGE
COMMUNITY CENTRE
RECREATION PROGRAMS

PROGRAM
REGISTRATION

We have an exciting line-up of programs for all ages, from toddlers to seniors. To register for a program call 250-388-5251 or drop by the Centre in person. Pre-registration is required for all programs except those specified as drop-in. The Front Desk hours are 8:30am-5pm, Monday to Friday. We are closed on statutory holidays and weekends, unless noted otherwise.

Payment is required at the time of registration and can be made by cash, cheque, credit card (VISA & MC), Debit or City of Victoria LIFE credits.

REGISTER EARLY
TO AVOID
DISAPPOINTMENT!

Programs may be cancelled or postponed if there are not enough registered participants. Decisions to run or cancel a program are usually made two days prior to the first class.

REFUND POLICY:

- For a full refund, request for withdrawal must be received at least 1 day prior to the first class.
- A full refund will be issued if BGCA cancels a program.
- If a participant withdraws after the first class, they will be refunded the pro-rated cost of the program.
- Withdrawing after the second or third class, the participant will be refunded the pro-rated cost of the program minus a \$5 administrative fee.
- No refunds for withdrawals after the lesser of the 4th class or 50% of the course has been completed.

GET IN TOUCH

Do you have an IDEA for a program that you would like to see offered at Burnside Gorge Community Centre? Are you an instructor interested in running a program with us? Contact Carter Lafontaine, Community Recreation Coordinator, at 250-388-5251 ext 225 or email carter@burnsidegorge.ca.

FACILITIES

The Burnside Gorge Community Centre is located just outside downtown Victoria at 471 Cecelia Road, between Burnside Road East and Gorge Road East. Outdoor public facilities include the Cecelia Ravine Park, Sport Court and Bike Skills Park, adjacent to the Centre.

The Community Centre is readily accessible by public transit: buses #8, 11, 21 and 22 routes on Gorge Rd East, Jutland Rd and Burnside Rd East, run parallel or border Cecelia Road. It is also easily accessible by the Galloping Goose Trail, which is adjacent to the Centre.



Burnside Gorge Activity Guide

SPRING PROGRAMS

All programs held at Burnside Gorge Community Centre, 471 Cecelia Rd, unless otherwise noted. Schedule is subject to change without notice – please call 250-388-5251 for the most current info.

FAMILY CENTRE DROP-IN

****Family Centre will be closed March 23 - 27 and on Stat Holidays.**

WIGGLES AND GIGGLES (PARENT AND TOT, 2-4 YRS)

Join us for active play in the Burnside Activity Centre. Get the wiggles out with this new interactive program that includes games, movement, and fun! The program includes organized games, movement, exercise, and free play. Best suited for ages 2–4 yrs; all children under 5 yrs are welcome. Caregiver participation is required. Family Centre will not be open during program time.

Mondays 9:30–10:15 a.m. Drop-in/Free

FUN FOR LITTLE ONES (2-5 YRS)

Enjoy singing, movement, reading and fun with your little ones. The program encourages child development through singing, movement, stories and bonding between child and caregiver. **Caregiver participation is required.**

Tuesdays 9:30 - 10:15 a.m. Drop-in/Free

TODDLER ARTS AND CRAFTS (2–5 YRS)

Explore your creative side! Each week features a different craft designed with the preschooler in mind. Smocks and soap provided. Creative activities can be messy, so please dress children appropriately. **Caregiver participation is required.**

Wednesdays 9:30–10:30 a.m. Drop-in/\$1 per family and daycare child

PARENT AND TOT PLAYGROUP (0 TO 5 YRS)

This is an opportunity for young children and their caregivers to meet and play in an informal atmosphere with toys, and books. Snacks provided. Groups may not meet on school holidays and Professional Development Days. Drop-in/Free

Mondays 10:15 a.m.–12 p.m.
Tuesdays 10:15 a.m.–12 p.m.
Wednesdays 10:30 a.m.–12 p.m.
Thursdays 5:30–6:30 p.m.



FAMILY DINNER & DROP-IN (FAMILIES/CHILDREN 0-18 YRS)

Families are invited for a delicious dinner prepared by staff and volunteers every Thursday evening. After dinner, stay and have a play in the Family Center. Assistance with set-up and clean-up is appreciated. Dinner is served at 5pm. Suggested donation \$2 per family.

Thursdays Dinner: 5–6 p.m. Drop-In: 5:30 p.m. - 6:30 p.m.

DAD’S GROUP (0-6 YRS)

Welcome all Dads and your children under 6 to a new program designed just for you! We offer a friendly atmosphere to learn together with other Dads to follow your child’s lead in play. Learn about your role in your developing child’s life, discuss parenting successes and challenges with fellow Dads, and enjoy free time, play, coffee, and snacks with your little one.

Saturdays 1–3 p.m. Drop-in/Free

STROLLER/ WALKING GROUP

This is a great to get the family out and moving in the fresh air while socializing with other parents. Walks will be approximately be 3 to 4 km. We will meet at a designated location, please dress appropriately for the weather and bring a snack and water with you. Walks are weather permitting. If a walk is cancelled due to weather, a parent & tot drop-in will be held at the Community Centre. Don't forget to follow our facebook page for updates.



Mar 20 Swan Lake (3 km loop), meet in main parking lot.
Apr 3 Cedar Hill Chip Trail (3.6 km loop), meet in front of Cedar Hill Rec centre
Apr 24 BGCC to Banfield Park along the Galloping Goose Trail (3.3 km), meet at Burnside Gorge Community Centre
Friday 10am - 12pm Drop-in/Free

EASTER DINNER

We are thrilled to be offering an exciting Easter Dinner for Families in 2020, sponsored by Workday. We will be offering a full Easter Dinner with all the trimmings, an easter egg hunt, and a visit from a very special guest - the Easter Bunny! There is a suggested donation of \$5. We will be taking registrations, to sign up please call BGCA at 250-388-5251.



Active Living

Active Minds

Active Community

YOUTH - CAMPS

CAMP SURVIVOR SPRING SERIES (10-15 YRS)

This camp is packed with exciting activities such as; rock climbing, paint-ball, swimming and more! If you are looking for a week of adventure and fun, this is the camp that won't let you down. Registration packages are available on our website <http://www.burnsidegorge.ca/programs/camp-survivor>. Call for more information: 250-388-5251

Week 1: Swimming, trampoline fun at Flying Squirrel, brave the obstacles at Pacific Ninja Gym, reach great heights rock climbing at CragX, games & exploration at East Sooke and other local parks.

Week 2: Swimming, Kayaking, explore Kinsol Trestle, racing at All Fun Recreation, games & exploration at Goldstream and other local parks.

M-F	Mar 16 - 20	9 a.m.-4 p.m.	5/\$175
M-F	Mar 23 - 27	9 a.m.-4 p.m.	5/\$175



YOUTH

CLIFFSIDE YOUTH DROP-IN (8 – 16 YRS)

Bring your friends or meet new ones at the Cliffside Youth Centre. Activities include pool, air hockey, and foosball. Watch movies on a big screen in our unique theatre or join us on an out-trip to places about town. For more information on the Youth Drop-In nights contact Jaz Young, Youth Recreation Coordinator, 250-388-5251.

Thursdays 5:30–8 p.m. Free

KATS (KIDS AT TENNIS)

The Society for Kids at Tennis (KATS, www.kidsattennis.ca) provides free tennis lessons and equipment to families experiencing financial barriers (application required). Using the “progressive tennis” approach recommended by Tennis Canada, the KATS program uses smaller racquets, smaller courts, lower nets and low compression balls. This approach helps kids to develop confidence in their ability to hit the ball, learn quickly, and most of all, have fun playing the sport! Kids will be introduced to the fundamental skills which form the foundation for future development. Please contact your local community centre for application information and forms. Programs do not run on stat holidays. Location: Banfield Park Tennis Courts



Tennis (5-8 yrs)

M	Mar 30 – May 25	4–5pm	8/Free
	<i>*No class Apr 13 & May 18</i>		
M	June 1 – July 27	4–5pm	8/Free
M	Aug 10 – Sept 21	4–5pm	7/Free <i>*No class Sep 7</i>

Tennis (9-13 yrs)

M	Mar 30 – May 25	5–6pm	8/Free
	<i>*No class April 13 & May 18</i>		
M	June 1 – July 27	5–6pm	8/Free
M	Aug 10 – Sept 21	5–6pm	7/Free
	<i>*No class Sep 7</i>		

CREATING ELECTRONIC MUSIC WITH ABLETON LIVE (8-15 YRS)

Explore the powerful digital audio workstation “Ableton Live Lite” with one of Ableton’s top “Alpha” program testers, Nathan Jonson. Take existing sounds, virtual sounds, or your own “found sound”, and create your own exciting electronic music back-track to your favourite tunes. Instructor: Nathan Jonson, Victoria Conservatory of Music

M	April 6-June 8	8/Free
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ADULT – HEALTH AND WELLNESS

ZUMBA

Join us for one of the fastest growing Latin dance-inspired fitness crazes across the world! People of all ages are falling in love with its infectious music, easy-to-follow dance moves and body-sculpting benefits. Come dance to the rhythms of Salsa, Merengue, Mambo and other Latin beats. This is a fitness class you will not want to miss! Instructor Ximena Londono

W	Mar 25 - May 6	6 – 7 p.m.	7/\$56
W	May 13 - June 24	6 – 7 p.m.	7/\$56

ZUMBA GOLD AND YOGA

Always wanted to Zumba but thought it might be too much for you? This class combines gentle Zumba Gold dance and fitness moves with yoga stretches, breathing exercises and deep relaxation. It is ideal for beginners, active older adults and other participants who may need program modifications. Instructor Ximena Londono

T	Mar 24 - May5	10:15 - 11:15am	7/\$56
T	May 12 - June 23	10:15 - 11:15am	7/\$56

SONGS OF OUR GENERATION

Sing, clap and tap along as we explore songs by some of our favorite artists (1950’s, 60’s, 70’s), and the stories behind their lives. Enjoy the oldies as a group of fellow music enthusiasts. Instructor: Coleen Eccleston, Victoria Conservatory of Music

W	April 1-June 3	1-2:30	9/Free
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ALL ABILITIES DANCE GROUP

You are invited to join a community dance group, focused on collaboration, creativity, and fun! No prior dance experience is needed. The group is for adults of all abilities, all disabilities, all backgrounds, and all genders. Ages 18 to 90+.

We will explore inclusive dance concepts and group improvisation. For those facing financial barriers subsidy may be available. Please contact the Community Recreation Coordinator at BGCA, 250-388-5251. Instructor: Joanne Cuffe

M	April 6-June 15th	10:45-11:45 a.m.	8/\$75	\$10 Drop In
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YOGA

XL-YOGA

Yoga for large people taught by a large person. The benefits of yoga – increased balance, flexibility, stamina, and relaxation are wonderful for everybody. We’ll make the poses work for our bodacious and strapping bods using modifications and props (bolsters, blankets, and straps). Instructor Jill Moran



Th	Mar 5 – April 23	7–8 p.m.	8/\$80	\$12 Drop In
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LEARN FOR LIFE

INCOME TAX CLINICS

The Canada Volunteer Income Tax Program serves those with simple tax filing for the 2018 year. We can help students, newcomers, persons with low income or older adults. Appointments are one-on-one, confidential, and free of charge.



We are booking sessions through March and April by appointment. To book in with one of our income tax volunteers or for more information please call BGCA, 250-388-5251.

AFRICAN DANCE

Damba dance strives to provide a cultural experience that opens minds and hearts to the spirit of Africa. As a music and dance company, Damba celebrates not only the Dag-bon tradition of Ghana, but also that of all traditions and backgrounds in which we share the common belief that as human beings, we are all one people. Through this, we celebrate the true spirit of Africa. By singing, dancing, and making music, we make the movement towards “one heart, one people”. Join Sinbad on a journey to explore West African rhythm and movement through drumming, singing and dancing.



Sa	Feb 15 – Mar 28	1 – 3 p.m.	7/\$84	\$15 Drop In
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55+

SENIORS LUNCH ‘N LEARN

Socialize with other seniors in the community while enjoying a delicious and nutritious homemade meal. This program features a mix of guest speakers, social activities and theme activities during the holiday seasons. Call 250.388.5251 for more information.

Thursdays 12–1 p.m. Drop-In /\$5
March Schedule:

- March 5 Trish Main- Victoria Regional Pickle Ball Association
- March 12 Randu Schein - climate change
- March 19 Rosa Stewart - Mexico’s Day of The Dead
- March 26 Colleen - Conservatory of Music

STRENGTH, CONDITIONING AND BALANCE FOR 60+

The first step is the most important! This well rounded program will focus on activities to improve strength, balance, mobility and cardiovascular fitness. A certified BCRPA instructor will use light weights, resistance bands, fitness props and a fun selection of agility games to improve overall fitness. Have fun, make new friends and feel good about yourself. All levels of ability welcome. Instructor Janice Arnot



Tu Mar 10 – Apr 28 9–10 a.m. 8/\$48

IS THERE A PROGRAM OR WORKSHOP THAT YOU'D LIKE TO SEE OFFERED AT BGCA?
PLEASE LET US KNOW!

WE'RE ALWAYS INTERESTED IN YOUR FEEDBACK. OUR COMMUNITY RECREATION PROGRAMMER, CARTER LAFONTAINE, CAN BE REACHED AT 250-388-5251 OR BY EMAIL AT CARTER@BURNSIDEGORGE.CA.

RENTALS

Burnside Gorge Community Centre Room Rentals

For meetings, conferences, parties and family gatherings, we have a wide variety of rooms available to suit your needs. We offer wireless internet, tea & coffee service, and A/V equipment rentals, all at affordable prices. Nestled in Cecelia Ravine, our rooms also offer outstanding natural views and are accessible from the Galloping Goose Trail.

Activity Centre: max 120 guests	Board Room: max 8 guests
\$65/hr \$240/half day	\$35/hr \$110/half day
\$400/full day	\$180/full day
Education Centre: max 40 guests	Group Room: max 10 guests
\$55/hr \$180/half day	\$35/hr \$140/half day
\$300/full day	\$220/full day

Non-profit rates are also available. Call today to book or view our spaces, 250.388.5251 ext.224.

How Can We Help?

In addition to our own programs and services we also have the privilege of being able to offer external services and supports here at the Community Centre. Here are some the offerings currently available at BGCA.

INCOME ASSISTANCE SUPPORT

Do you have questions about Income Assistance (IA) or Persons with Disability Assistance (PWD) or how to go about opening a file? We have an Employment & Assistance Worker from the Ministry of Social Development & Poverty Reduction at the Centre one day a week. Appointments are available on Thursdays. To book an appointment please call the Community Centre at 250-388-5251.

FREE LEGAL CLINIC

Do you have legal questions or need the services of a lawyer? The Burnside Gorge Community Centre hosts a free legal clinic every Tuesday between 2-3pm. All legal questions are welcome. 15 minute appointments are available by calling the front desk at 250-388-5251.

Did you know?

That BGCA has more than 300 active volunteers annually? That BGCA supported more than 700 youth through our school and community based counselling services and outreach last year? You can read about all of this and much more in our Annual Report. Each year we look at back at the work that we’ve done and reflect. We have just released our Annual Report for 2018/2019. You can read the full report at: <http://www.burnsidegorge.ca/about-us/financial-information>



ESTABLISH YOURSELF AS A COMMUNITY SUPPORTER

Advertise with the....



1000+ E-COPIES DELIVERED MONTHLY

AD SIZE	DIMENSIONS (inches)	COST (per issue)
Business Card	3.3 w X 2.2 h	\$20.00
1/12 page	6.8 w X 2.2 h OR 3.3 w X 4.5 h	\$29.00
Banner	10.25 w X 2.2 h	\$39.00
1/4 page	10.25 w X 4.1 h OR 5.1 w X 8.1 h	\$59.00
1/2 page	10.25 w X 7.8 h	\$79.00
Full page	10.25 w X 16 h	\$99.00

Deadline for purchasing ads is the 15th of each month prior to publication.

To book your ad today or for more information call 250-388-5251 or email info@burnsidegorge.ca

March Calendar Listings

Ideafest

Ideafest is the University of Victoria’s week-long festival of research, art and innovation. Over 35 events set to capture your imagination. All events are free, registration is not required unless otherwise stated on the schedule. UVic is accessible by sustainable travel options including transit and cycling. For those arriving by car, pay parking is in effect. Evening parking is \$3.50. March 2nd - 7th. For a full schedule and event locations please see <https://www.uvic.ca/ideafest2020/>

The 45th Annual Greater Victoria Flower Count

From March 4 - 11 take up the challenge to be the “Bloomingest Community” of the Greater Victoria area and report the data online. Encourage friends and family to do the same on Twitter, Instagram and Facebook. Use the social platforms below to show and tell with photos and videos of: flowers, flower counting with friends, and other associated outdoor activities. There is even a school competition for grades 5 & 6.

Official hashtag: #FlowerCount – use this hashtag, and where possible, #exploreVictoria in posts, tweets and in the descriptions of photos. Tag Victoria Flower Count on Twitter, Instagram, and Facebook

For a counting guide and details on how to submit your data, visit <https://flowercount.com/>

Spring Planting: From Seed to Seedling

Spring is here and it’s time to get your hands dirty! Healthy seedlings are the key to an abundant harvest from your vegetable garden. Learn how to start your seeds, transplant and harden off your seedlings to set your garden up for success. This workshop also covers principles of soil selection, how to set up your space, and indicators of plant health.

Sat, Mar 7, from 1pm to 3pm. Compost Education Centre 1216 North Park St. For more information or to register see:

<https://www.eventbrite.ca/e/spring-planting-from-seed-to-seedling-tickets-86723350877>

Victoria Women's Expo

The Victoria Women's Expo is a two-day consumer event that takes place on March 7 & 8 at Pearkes Recreation Centre. With 100+ exhibitors, you will see a wide variety of booths that are targeted towards women of all ages. Are you looking for a place to connect to other like-minded women? Are you searching for a product to help you achieve your health goals? Do you want to learn a new skill or try your hand at a DIY Workshop? Admission is \$5. For tickets and more info see: <https://www.victoriawomensexpo.com/attend>

Pollinators of Southern Vancouver Island

Join Life Cycles Project Society to learn about the life cycles and habits of local pollinators. The focus of this presentation will be to provide participants with tangible strategies for creating pollinator-friendly habitats in their yards and gardens. Tue, March 10, 7–8:30pm. Greater Victoria Public Library Central Branch, 735 Broughton Street. To register see:

<https://www.eventbrite.ca/e/pollinators-of-southern-vancouver-island-tickets-85536500977>

Embracing the Wild: Gardening with Native Plants

Jay Rastogi, expert gardener and Site Manager at Swan Lake, will explore the many benefits of planting, propagating and harvesting of native plants in your yard this fall. Find out about the benefits to wildlife and water conservation, cultural history, and edibility of many of our local shrubs, wildflowers and trees during this practical 3 hour workshop. An overview of CRD Water Conservation programs will also be provided.

All workshops are free for residents of Greater Victoria, but you must pre-register. Please call 250.479.0211 or register in person at the Nature House.

- Weds, Mar 11, 12:30 - 3:30pm
- Fri, Mar 20, 12:30 - 3:30pm
- Sat, Mar 21, 9:30am - 12:30pm
- Weds, Apr 1, 12:30am - 3:30pm
- Fri, Apr 3, 9:30am - 12:30pm
- Sat, Apr 4, 9:30am - 12:30pm
- Weds, Apr 22, 12:30am - 3:30pm

Capital City Comic Con

Capital City Comic Con is a three-day celebration in Victoria, B.C. of all things pop culture! No matter if you love anime/manga, toys, gaming, cosplay, fantasy, sci-fi, comics, TV, movies or anything in between, we have something for everyone. With celebrity guests, creators, artists panels, workshops and hundreds of exhibitors it’s perfect for pop culture superfans and families alike. March 20 – 22, 2020

Victoria Conference Centre & Crystal Gardens, 720 Douglas St. For more info see: <https://capitalcitycomiccon.ca/>

Fossil Fair

Who lived here millions of years ago? Dinosaurs, trilobites, ammonites, enormous clams and sharks lived in the ancient tropical coral seas and palm tree forests that covered Vancouver Island. Paleontologists will share their personal fossil discoveries including many from this past year. Bring your family and your own fossils for identification. Kids can follow a scavenger hunt, or make fossil and dinosaur rubbings. Hosted by the Victoria Paleontological Society. Admission by donation, suggested donation of \$5 per person. Sat & Sun, March 28 & 29, 10 a.m. to 3 p.m. Swan Lake Nature Sanctuary, 3873 Swan Lake Road. For more info see <https://www.swanlake.bc.ca>

Science is for Everyone Exhibit

A photo exhibit spanning ten years of Royal Roads University NSERC PromoScience projects shows the art and science of connecting communities with science experiences, participation and career pathways. Presented by marine geologist Audrey Dallimore and photographer Dan Anthon.

Open daily, Mar 3 - Apr 17, from 10am to 6pm. Royal Roads University Library, 2005 Sooke Rd. Free, no registration required.

LEGO Exhibition

It’s here! The ever-popular LEGO exhibition has returned to Sidney Museum, featuring a wider range of themes including Star Wars, Minecraft, Friends, Harry Potter, Batman and vintage sets! Bring the whole family to spend the day in lovely Sidney, take in the Museum, grab a bite, walk along to the sea wall, visit the Shaw Centre for the Salish Sea and stop in a Buddies Toys for a new Lego purchase.

Guests will learn about the history of the many Lego models on display, a special opportunity to guess how many bricks comprise the giant Lego Tower. Challenge yourself with a scavenger hunt with three levels of difficulty for all ages.

Open daily, 10am -4pm. The Lego Exhibit will run until the end of March. Sidney Museum, 2423 Beacon Avenue

Do you have an event coming up that you'd like to see in our Calendar Listings? Please forward it to info@burnsidegorge.ca for inclusion!

Support the BGCA

SMILES FOR BURNSIDE GORGE

Do you shop at Thrifty’s? Did you know that BGCA is part of the Smile Cards program with Thrifty Foods and that you can support our youth programs just by doing your regular shopping? Just load up a Smile Card and then shop as you normally would. Thrifty Foods will donate 5% of the funds loaded onto your card to BGCA.



Cards are available for pick up at the Community Centre, just call us at 250-388-5251 to get a card and start supporting BGCA today.

FINANCIAL DONATIONS

Your donation can help change a family's life or improve the community you live in. The Burnside Gorge Community Association relies on the support of individuals, businesses and government to provide services to our community. Your donation helps us continue providing a high level of service to families in need in our communities. The Burnside Gorge Community Association is a registered charity in good standing with the Canadian Revenue Agency. We will issue a charitable tax receipt for eligible donations.

Make a secure online donation through Canada Helps: <https://www.canadahelps.org/dn/4326> or contact us at 250-388-5251.

We gratefully accept donations of cash, non-perishable food and personal hygiene items (diapers, soap, etc.). We welcome in-kind donations of services and goods from businesses or individuals. If you have any questions about supporting the work that we do, please don’t hesitate to get in touch.

BOTTLE RETURNS

Did you know that BGCA is now an approved charity of the Bottle Depot? It’s never been easier to support your local Community Centre. Returnable containers can be brought into to any Bottle Depot location. Let the cashier know at the beginning of the transaction that you would like to donate your returns to Burnside Gorge Community Association and the value of your bottle returns will be put into our account. Bottle Depot has three locations:

- Downtown - 655 Queens Ave.
- Glanford - 4261 Glanford Ave
- Quadra - 3961 Quadra St





We all recognize that the neighbourhood is facing challenges. The *Burnside Gorge Community Advisory Committee* was formed in late 2017 to support the integration of affordable and supportive housing while achieving and maintaining the safety, live-ability, cleanliness and sustainability of the neighbourhood.

The Community Advisory, co-founded by the Burnside Gorge Community Association and BC Housing, is a widely representative group that includes:

- Neighbourhood residents and businesses
- Burnside Gorge Community Association
- BC Housing and Island Health
- Cool Aid, Pacifica Housing, PHS Community Services, and the Coalition to End Homelessness
- City of Victoria, CRD and the Provincial Government
- Victoria Police Department

The Community Advisory Committee meets regularly, solves problems and works together towards the following goals:

- Identify and resolve issues, opportunities and concerns related to building operations and other impacts on the surrounding area and/or community
- Build and maintain positive relationships amongst the community residents, service providers and program partners
- Develop and identify measurable outcomes and procedures to achieve them and articulate a framework to achieve these outcomes
- Facilitate information sharing and dialogue to address Burnside Gorge issues in a proactive, collaborative and responsible manner

Community Advisory members work together to solve problems. Cool Aid is working with government, other non-profits, associations and you – our neighbours – to ensure that all neighbourhood residents and businesses are safe, secure and welcoming. If you have any ideas or concerns we would love to hear from you.

Contact: Kathy Stinson, kstinson@CoolAid.org
250-383-1977 CoolAid.org/housing



Cool Aid and PHS Community Services coordinate our Clean Team services to maximize coverage in the neighbourhood.



Cool Aid is working hard each and every day to improve the **quality of life for everyone** in our community.

[f](#) [t](#) [@](#) VicCoolAid [in](#) Victoria Cool Aid Society